

PSYCHIATRY & BASIC PHYSICIAN TRAINEES:

METABOLIC MANAGEMENT IN MENTAL HEALTH WORKSHOP

A practical session which will provide trainees with increased knowledge and skills in the assessment and management of **Metabolic Syndrome (MetS) in patients with severe mental illness.**

The seminar is open to all trainees from NSW Psychiatry and Basic Physician Training Networks. This workshop is being sponsored by NSW IMET.

Program:

Topics to be covered include;

- Weight gain, obesity and MetS in the context of mental health
- Psychotropic medications and MetS
- How to screen and when to refer for metabolic complications?
- Dietary, lifestyle and medical management of MetS in mental health
- NSW physical health guidelines for mental health consumers

The workshop will utilise both didactic and experiential teaching methods. It aims to extend and enrich the training experience of trainees in Psychiatry and Basic Physician Training Programs and allow trainee networking and sharing of experiences across the disciplines.

Presented by:

Dr Jackie Curtis, Senior Staff Specialist in Psychiatry, Early Psychosis Programme, Bondi, SESIAHS,

A/Prof Katherine Samaras, Senior Staff Specialist in Endocrinology, St Vincent's Hospital and Head, Diabetes Obesity Clinical Group, Garvan Institute of Medical Research.

Saturday 1st May 2010

Date and time: 9.15am to 3pm, Saturday 1st May 2010

Where: [Lecture Theatre, North Wing](#)
[Edmund Blacket Building](#)
Prince of Wales Hospital

Cost: \$25.00 per participant (payment details overleaf)

Resource material and a light lunch will be provided to participants

The complete program will be circulated 2 weeks prior to the Workshop.

Who is eligible to attend?

Open to all NSW Psychiatry and NSW Basic Physician Trainees.

Venue Maps and Directions:

These and further Workshop details will be provided after confirmation of attendance 2 weeks prior to the announced workshop date.

Confirmation of Attendance:

Confirm your attendance by completing the form overleaf.

To register please fax or email return the form to:

Email: psych@imet.health.nsw.gov.au

Fax: 9844 6534

Questions please contact:

Neharika Ralhan, IMET Psychiatry Support Officer

Phone: (02) 9844 6566

Email: nralhan@imet.health.nsw.gov.au

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METABOLIC MANAGEMENT IN MENTAL HEALTH WORKSHOP

Please complete details below (BLOCK LETTERS) and **complete credit card details**.

Registrations are to be sent by either fax 02 9844 6534/9844 6544 or email to psych@imet.health.nsw.gov.au

For further information contact IMET on (02) 9844 6534. Registration will be confirmed by email or phone.

There will be no refunds for non-attendance.

Name: _____

Postal address: _____

Email Address: _____

Mobile Number: _____

Basic or Advanced Trainee _____ Year: _____

Specialty: _____

Network: _____

Current Site: _____

Card type: Visa/Mastercard (circle) No AMEX

Name on Card:

Card No: _____

Expiry Date: /

Signature: (Please type your name here)