



11 February 2014

Australian Endocrinology Research Review

Australian Endocrinology Research Review is an independent medical update. Each edition features 10 key medical articles from global endocrinology journals with commentary from **Professor Cres Eastman and Professor Duncan Topliss** on why it matters to Australian practice.

It is free to receive for all Australian health professionals and is delivered by email as a PDF attachment. [Sign Up here](#) to receive the publication on a regular basis.

Website: <http://www.researchreview.com.au/au/Clinical-Area/Internal-Medicine/Diabetes-Obesity/Endocrinology.aspx>



Professor Creswell J. Eastman

Professor Creswell J. Eastman AM. MB.BS.MD.FRACP.FRCPA. FAFPHM. ACCAM Creswell Eastman is the Principal of the Sydney Thyroid Clinic, Clinical Professor of Medicine the University of Sydney and a practising Consultant in Endocrinology and Public Health Medicine. Professor Eastman was the founding Head of the Department of Endocrinology and Diabetes at Westmead Hospital. He is a former President of the Endocrine Society of Australia and the Asia Oceania Thyroid Association. He is the Patron and Principal Medical Adviser for the Australian Thyroid Foundation. He has directed major research and public health projects into Iodine Deficiency Disorders (IDD) in Australia, Malaysia, Indonesia, Laos, Cambodia, the Philippines, Thailand, Pacific Islands, China and Tibet. He is Vice Chairman and Asia Pacific Regional Coordinator for the International Council for Control of Iodine Deficiency Disorders (ICCIDD)... [read more »](#)



Professor Duncan Topliss

Professor Duncan Topliss, MB BS Hons, MD, FRACP, FACE. Professor Duncan Topliss is Director of the Department of Endocrinology and Diabetes at the Alfred Hospital Melbourne, Professor of Medicine in the Department of Medicine Monash University and a past-President and Life Member of the Endocrine Society of Australia. He has served on the editorial board of Journal of Thyroid Research and Clinical Endocrinology and is a frequent reviewer for Clinical Endocrinology, Thyroid, and other endocrine journals. Professor Topliss heads the Diabetes Clinic at the Alfred Hospital, has a long-term interest in diabetes prevention and management and has been an investigator on several major international diabetes trials. He has a wide interest in clinical endocrinology including osteoporosis, pituitary and adrenal disease and endocrine hypertension and has over 25 years of experience in the management of thyroid disease and thyroid cancer. ... [read more »](#)

Endocrine Society Statement: The Risk of Cardiovascular Events in Men Receiving Testosterone Therapy

Link to Endocrine Society statement

ESA Council notes the recent statement by the US Endocrine Society and supports its dissemination for the consideration of ESA members.

The Council also notes the contribution of ESA members to current and ongoing research in this area (1,2), and supports the call for large scale, prospective RCTs to clarify the role of testosterone therapy in older men.

Refs:

1. **Yeap B.B.**, Alfonso H., Chubb S.A.P., Handelsman D.J., Hankey G.J., Almeida O.P., Golledge J., Norman P.E., Flicker L. In older men an optimal plasma testosterone is associated with reduced all-cause mortality, and higher dihydrotestosterone with reduced ischaemic heart disease mortality, while estradiol levels do not predict mortality. *Journal of Clinical Endocrinology and Metabolism*: 2014; 99: E9-E18.

2. **Wittert G.A.** on behalf of the T4DM Study Group. Rationale and design of a trial for the use of testosterone (T) for prevention of type 2 diabetes in men: The T4DM Trial. Abstract P-1959 presented at the World Diabetes Congress, Melbourne 2013. ANZ Clinical Trial Registry ACTRN12612000287831.

ESA Seminar Meeting 2014, 2-4 May, Hotel Grand Chancellor, Hobart, Tasmania



The 2014 ESA Seminar Meeting will be held from the 2nd -4th May at Hotel Grand Chancellor Hobart, Hobart, TAS. This year's ESA Seminar Meeting will featured both a Basic Science & Clinical stream.

The themes for the 2014 are:

Basic Science Stream "**Steroid Action: Biology & Clinical Disease**"

Clinical Stream "**Adrenal Disease**"

Professor William Young Jr will contribute to both the Clinical and Science streams.

Website: <http://www.esaseminar.org.au/>

Don McLeod (Clinical Chair) and Belinda Henry (Basic Science Chair)

ESA Clinical Weekend 2014, 23-25 August, Peppers The Sands, Torquay, Victoria



The Organising Committee have pleasure in welcoming clinical endocrinologists and trainees to the Clinical Weekend.

The program will follow the successful format of previous years, featuring the presentation of high quality clinical cases by Advanced Trainees in an interactive small group setting. The focus of this year's meeting will be in the areas of thyroid and pituitary endocrinology. Advanced trainees are invited to submit case studies for consideration in to the program.

Website: <http://www.esaclinicalweekend.org.au/>

Convenor: A/Professor Shane Hamblin

The Annual Scientific Meeting of the Endocrine Society of Australia and the Society for Reproductive Biology



24th - 27th August, 2014
Melbourne Convention & Exhibition Centre, VIC



The 2014 ESA-SRB Annual Scientific Meeting will be held in Melbourne at the Melbourne Convention & Exhibition Centre from 25th-28th August 2014. Planning for the meeting is in full swing with some exciting international and national speakers in mind. The program is guaranteed to build on the strengths of previous meetings.

Website: <http://www.esa-srb.org.au/>

POC Chair: Dr Ann McCormack

Calendar

27-30 March 2014

The 3rd International Conference of PreHypertension, Hypertension & Cardio Metabolic Syndrome
Warsaw, Poland

Website: www.prehypertension.org.

4-6 April 2014

5th Congress of the Asia Pacific Initiative on Reproduction (ASPIRE 2014) in conjunction with the Fertility Society of Australia Annual Conference
Brisbane Exhibition Centre

Website: www.aspirecongress.org

15-17 May 2014

Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy)

Bangkok, Thailand

Website: www.codhy.com/AP

21-24 June 2014

ICE/ENDO 2014

Chicago, USA

<https://www.endocrine.org/meetings/ice-endo-2014/endo-2014#/nav/>

20-23 July 2014

ISPD

Brisbane

<http://www.ispdhome.org/2014/brisbane.shtml>

25-28 August 2014

ESA/SRB ASM

Melbourne Convention Centre

<http://www.esa-srb.org.au/>

27-29 August 2014

ADS/ADEA ASM

Melbourne Convention Centre

www.ads-adea.org.au

7-10 September 2014

ANZBMS ASM

Queenstown, NZ

Website: <http://www.anzbmsconference.com/>

25-27 September 2014

14th International Workshop MULTIPLE ENDOCRINE NEOPLASIA and other rare endocrine tumours. Vienna

Website: www.worldmen2014.at

5-7 December 2014

The 2nd World Congress of Clinical Lipidology

Vienna, Austria

Website: www.clinical-lipidology.com

5-8 March 2015

ENDO 2015

San Diego, CA, USA

<https://www.endocrine.org/meetings/endo-annual-meeting-related-pages/past-and-future-endo-meetings>

ESA CONTACT DETAILS

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