



FROM THE PRESIDENT

Downturn – what downturn?

My last President's Report was full of doom-and-gloom news of the financial downturn and its repercussions for the activities of the Society. In early 2009 there was a lot of pessimism in the air. Do we all feel better now? Certainly, ESA seems to be carrying on in very good form. Our meetings for 2009 have been extremely successful and popular (and profitable), our membership continues to grow, and the activities of the Society continue to expand. The financial uncertainty that was occupying the minds of ESA Council earlier this year seems to have abated and we remain in a healthy financial position. We hope to be able to resume the scholarship and post-doctoral awards program in the near future.

Scientific and clinical meetings are at the core of the ESA's activity. I would like to again thank the Organizing Committee chairpersons whose dedication and attention to detail allow us to consistently conduct first-class meetings. Helen MacLean has just completed a 3-year term as chair of the POC for the Annual Scientific Meeting and has delivered three of the best ASMs we have ever had. Morton Burt (Clinical Weekend) and Bronwyn Crawford (Seminar Meeting) have also done an outstanding job with those meetings in 2009. I am very pleased to welcome Katherine Gatford from the University of Adelaide as the POC chair for the ASM program in 2010-2012. Sue Mei Lau will take charge of the Clinical Weekend for 2010, and Bernard Champion will chair the organizing committee for the Seminar Meeting.

In 2010 ESA is also working in partnership with other societies for 2 large mega-meetings. The Royal Australasian College of Physicians will host the World Congress of Internal Medicine in Melbourne in March 2010.

Peter Ebeling and Helena Teede have been involved in the planning of Endocrine update sessions for that meeting, which is anticipated to have as many as 7000 registrants. The Australian Society for Medical Research is planning the Australian Health and Medical Research Congress in late 2010 (also in Melbourne) which will see thousands of participants from most of the peak medical scientific societies in Australia. Mary Wlodek is co-ordinating joint sessions between ESA and SRB for that congress. I would encourage ESA members to support both of those meetings.

An exciting development for 2010 will be a new Partnership with The (US) Endocrine Society and other international societies in the International Endocrine Scholars Program. Details are provided elsewhere in the Newsletter. This program will match aspiring endocrine scientists and clinicians from around the world with placements in first-class research institutions. Australian scholars and Australian research institutions both stand to gain from this partnership.

Best wishes to all associated with ESA for the approaching holiday season, and for 2010 – which is already looking like a busy year for our Society.

**Mark McLean,
President ESA.**

Important Items in this edition

1. President's Report
2. ESA Annual Scientific Meeting, August 23rd-26th 2009, Adelaide
2. ESA/IPSEN International Travel grant awards 2010
3. ESA Clinical Weekend 2009
3. ESA 2009 Award winners
3. ESA/IPSEN International Travel grant awards 2009
3. ESA New Members
4. AWE Report
7. ICE 2010
8. ESA Council and office bearers 2008-2010
8. Dates for the diary

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ESA ANNUAL SCIENTIFIC MEETING, August 23rd – 26th, 2009, Adelaide

The 52nd Annual Scientific Meeting of the ESA was held at the Adelaide Convention Centre in August. It was extremely well attended, with another record-breaking number of abstracts submitted that eclipsed even last year's 50th anniversary. The meeting ran for three full days, and was packed with sessions in the clinical and basic science streams, with also many mixed sessions to integrate the disciplines.

As usual, our plenary lecturers were outstanding, and covered a wide range of topics. Opening the meeting was the Pincus Taft lecturer Karen Miller, who presented a fascinating talk on the endocrinology of anorexia nervosa. The Harrison lecturer this year was John Cidlowski, who gave an outstanding presentation on glucocorticoid receptor isoforms. Plenary lecturer Joseph Verbalis' talk on hyponatremia elegantly bridged the divide from clinical to basic science. One of the highlights of the ESA meeting is always the cross-over with our sister societies, and this year the joint ESA/ADS plenary lecture by Mark Febbraio, on myokines in metabolic regulation, was of great interest to all. The NZSE also held their scientific meeting in conjunction with ours, and the joint Nancy Sirrett plenary lecture was delivered by the pre-eminent New Zealand scientist Peter Gluckman, who gave an outstanding overview of epigenetic contributions to metabolic disease. The plenary lectures were rounded out by our Japan-Australia lecturer, Hironobu Sasano, who gave an impressive update on intra-tumoral estrogen production in breast cancer. Many of our plenary lecturers also presented symposia, were part of the Clinical Weekend, or participated in other aspects of the meeting, and we thank them all for their invaluable contributions.

As usual, the Symposia and Meet the Expert sessions showcased the outstanding research and expertise of our many ESA members who presented, as well as outside guests. This year's symposia covered pituitary disease, endocrine consequences of cancer therapy, nuclear hormone receptors, sleep disorders and circadian rhythms, bioinformatic research approaches, management of the infertile couple, reproductive cancers (joint SRB), drug discovery & G-protein coupled receptors (joint Neuroendocrinology Australasia) and endocrine regulation of metabolic cross-talk (joint ADS).

Thanks must go to all our invited speakers for their high-quality presentations. The meeting also had ten oral communication sessions, with a uniformly high standard of presentation and scientific interest. The scientific and social interactions at the ASM were fostered not only by the welcome reception and conference dinner, but also by our very successful stand-alone poster session, which was combined with the SRB and lubricated by drinks and nibbles.

The ESA has a number of different awards at the ASM to recognise and promote the development of more junior members in the society. The Servier Award lecture, for the best publication by an early-career researcher, was presented by Kristy Brown from Prince Henry's Institute, and the inaugural ESA Mid-Career Award lecture was presented by Rachel Davey from the University of Melbourne. The standard of the presentations in the junior investigators finalist sessions was higher than ever, and this year the Novartis Junior Scientist Award was won by Kenneth Ho from the Garvan Institute, and the CSL Biotherapies Bryan Hudson Clinical Award was won by Paul Lee, also from the Garvan Institute.

The Career Development Workshops for junior scientists and clinicians were both extremely helpful and thought-provoking for all involved, and we thank the presenters for their input. If you missed out on these presentations, or just want a reminder of the issues considered, the slideshows from all the presentations are available in the members area of the ESA website.

I would like to thank my fellow POC members, Carolyn Allan, Greg Anderson, Mathis Grossmann, Warrick Inder, Brian Oldfield and Vince Russo for their knowledge and creativity that contributed so much to the development of the programs over the past three years. Thanks also to Mike Pickford and ASN Events staff, Ivone Johnson at ESA, Craig Harrison and Cherie Chiang for assistance with scoring abstracts, and the Local Organising Committee for their important contribution.

**Helen MacLean,
POC Chair, 2007-2009**

ESA IPSEN INTERNATIONAL TRAVEL GRANT AWARD 2010

Aim:

To support younger members of the society to travel to international meetings, laboratories and/or clinics to further their training and knowledge in Endocrinology.

Awards:

One award of \$3500 will be awarded to assist with the costs of international travel to a European destination -
Deadline 1st March 2010

One award of \$3500 will be awarded to assist with the costs of international travel -
Deadline 1st March 2010

One award of \$3500 will be awarded to assist with the costs of international travel -
Deadline 1st August 2010

Visit ESA website: <http://www.endocrinesociety.org.au/awards.htm#ipsen>

ESA CLINICAL WEEKEND 2009

The ESA Clinical Weekend in 2009 was held at the Novotel Barossa Valley Resort, South Australia from Friday 21st to Sunday 23rd August. The meeting began with the traditional Endocrine trivial pursuit competition, which was hotly contested with a tie between two tables at the end of question time. In the end Professor Duncan Topliss' team was declared the winner following his melodic rendition of "Ode to Hashimoto's thyroiditis".

The educational program began on Saturday morning with a great presentation by Dr Karen Miller from Massachusetts General Hospital and Harvard Medical School, Boston on androgen deficiency in hypopituitary women. This was followed with clinical case presentations by endocrine registrars from around Australia and New Zealand. The standard of presentation from all registrars was very high, with Dr Kathryn Williams from Royal Prince Alfred Hospital, Sydney judged to have given the best presentation for her case "Hyperthyroidism with an elevated TSH – A diagnostic dilemma". The meeting was closed by Professor Joseph Verbalis from Georgetown University, Washington DC who gave an exceptional lecture covering the spectrum of disorders of water homeostasis from hyponatraemia to diabetes insipidus.

Social activities were also enjoyed by participants in the Clinical Weekend. On Saturday afternoon many delegates toured local wineries, while others played golf on the course adjacent to the Novotel. The Saturday night conference dinner was held at Chateau Tanunda. The highlight was the presentation by Dr Kathrine Tonks, who debated Topliss, and proved conclusively that "You can learn more from a junior than a senior Endocrinologist".

I hope all ESA members that attended the 2009 Clinical Weekend enjoyed it and learnt something useful for their clinical practice.

Dr Morton Burt

Endocrinologist,
Southern Adelaide Diabetes and Endocrine Services
Convenor, ESA Clinical Weekend 2009

ESA 2009 AWARD WINNERS

Novartis Junior Scientist Award Kenneth Ho

Alison Nicol from Novartis presented the award to Kenneth Ho

Servier Young Investigator Award Kristy Brown

Tim Lee and Catherine Pappas from Servier presented the award to Kristy Brown

ESA/CSL Bryan Hudson Clinical Endocrinology Award Paul Lee

ESA/IPSEN International Travel Grant Michelle Van Sinderen

Jyotsna Pippal
Ulla Simanainen

Shane Fletcher from Ipsen presented the awards

ESA Mid-Career Award Rachel Davey



Kenneth Ho receiving the Novartis Junior Scientist award

NEW MEMBERS

Sarah Abdo,	Sarah Carter,	David Harwood,	Jessica Lewis,	Elham Reda,
Reidun Aesoey,	Margaret Centenera,	Herbert Herzog,	Kaushik Maiti,	Courtney Simpson,
Ravinder Anand-Ivell,	Karen Chiam,	Andrew Hoy,	Usman Malabu,	Michael Stark,
Miriam Bartlett,	Ilona Ciller,	Tomomoto Ishikawa,	Steven Miller,	Olga Sukochera,
Maree Bilandzic,	Michelle Colomiere,	Richard Ivell,	Michael Mond,	Emerishia Suthaharan,
Allan Bond,	Ailie Connell,	Tanja Jankovic-	Eleanor Need,	Aye Tint,
Merryn Boyd Thomae,	Tanya Day,	Karasoulos,	Jennifer Ng,	Sarah To,
Rachel Bradbury,	Matthew Doogue,	Scott Johnston,	Aleksandra Ochnik,	Melanie Tran,
Fiona Britten,	Daniel Fineberg,	Balasubramanian	Laura Papp,	Andrew Trotta,
Grant Buchanan,	Caroline Foo,	Krishnamurthy,	Jonathan Paul,	Mor Wee,
Miriam Butler,	Linda Gallo,	Rhianna Laker,	Sumathy Perampalam,	Jane Zhang,
Zemin Cao,	Himwan Harryanto,	Soo Lee,	Agata Piotrowicz,	Jing Zhao

AWE REPORT 2009 We are I0!

The 10th meeting of the “Australasian Branch of Women in Endocrinology” (AWE) was held on Monday 24th August, in conjunction with the ESA-SRB meeting in Adelaide. An enjoyable evening of networking and formal recognition of our AWE travel grant awardees was attended by many enthusiastic women scientists and trainees and a few brave men! Again, we owe a debt of gratitude to DSL Australasia’s Managing Director Dr Sylvia Johnson, who has supported AWE continuously over the ten years since its inception and who provided sponsorship for the evening’s drinks and nibbles.

We were extremely grateful to DSL/Beckman Coulter and to Novo Nordisk for continued and increased support that allowed us to present four major travel awards to young scientists who are in the process of establishing their careers. This year we presented two of the premier DSL-Beckman Coulter AWE travel awards valued at \$1500, and two Novo Nordisk AWE travel awards valued at \$1000, which contribute to the costs of attending the ENDO meeting held in Washington DC in the USA. We particularly wish to thank Novo Nordisk this year for increasing their support from a single to a double award. ENDO is the largest of the national Endocrine meetings held worldwide, and provides these young scientists with valuable opportunities to gain exposure and collaborative research networks. The support of our sponsors in providing these makes attending the meeting viable for many of our students and postdoctoral fellows who may have limited access to other support.

This year, Dr Sylvia Johnson presented the AWE-DSL New Investigator Travel Awards to Keshia Rana, who is undertaking postdoctoral work with Helen MacLean at the Austin Hospital and University of Melbourne, and to Stacey Jamieson, who is in the final year of a PhD in the Steroid Receptor Biology laboratory with Peter Fuller at Prince Henry’s Institute of Medical Research. Mr Nnamdi Udechuku, the Marketing Director of Novo Nordisk in Australia presented the AWE-Novo Nordisk New Investigator Travel Awards to Vita Birzniece, who is undertaking her postdoctoral work with Ken Ho at the Garvan Institute of Medical Research, and to Kavitha Iyer, who is undertaking PhD studies in the Laboratory for Cancer Medicine, with Peter Leedman at the Western Australian Institute for Medical Research. The AWE Travel awards committee also decided to award a single AWE Merit Certificate to Emma Hamilton, who is a consultant endocrinologist at Fremantle Hospital and undertaking her PhD studies with Prof Jeffrey Zajac and Dr Mathis Grossmann at the Austin Hospital and University of Melbourne. We congratulate each of our Award and Merit certificate winners for their achievements in a strong field of applicants!

AWE Travel grants of \$1500 and \$1000 should be available again to attend ENDO 2010 in San Diego. These awards are to assist senior PhD students and post-doctoral fellows who are AWE members (and financial members of either the ESA or NZSE) to attend the meeting, and also provide a great networking opportunity with tickets to the Women in Endocrinology dinner at the US ENDO meeting also included! Application forms will be available from the ESA website in January 2010, and the deadline for receipt of applications is April 16th 2010. The 11th meeting of AWE will again be held in conjunction with the ESA-SRB meeting in Sydney at the end of August 2010.

Finally, I wish to thank the members of the AWE travel awards committee who have assisted in ranking the applications; Elspeth Gold, Carolyn Allan, Cathie Coulter and Mary Wlodek. I also wish to extend my especial thanks to Gail Risbridger, who has kindly volunteered to take on the role of AWE Director as I start my three-year term as Program Organising Committee Chair for the ESA meeting! I will remain on the travel awards committee and look forward to seeing you all in Sydney to congratulate next year’s winners!



Kathy Gatford introduces our sponsor representatives – Dr Sylvia Johnson (DSL-Beckman Coulter) and Mr Nnamdi Udechuku (Novo Nordisk)

AWE REPORT 2009 *continued*



Sylvia Johnson & Keshia Rana (AWE-DSL travel award)



Sylvia Johnson & Stacey Jamieson (AWE-DSL travel award)



*Nnamdi Udechucku & Vita Birzniece
(AWE-Novo Nordisk travel award)*



*Nnamdi Udechucku & Kavitha Iyer
(AWE-Novo Nordisk travel award)*



Gail Risbridger



AWE networking!

THE ENDOCRINE SOCIETY

INTERNATIONAL ENDOCRINE SCHOLARS PROGRAM



**Bringing Together the World's
Brightest to Become the Best.**



The International Endocrine Scholars Program (IESP) is a program run by the US Endocrine Society and was established initially to identify talented young individuals interested in pursuing a career in an endocrinology-related topic from countries where endocrinology is a developing discipline. These individuals are placed in the host laboratory of a premier researcher who is a member of the US Endocrine Society but not necessarily based in the USA. The individual undertakes postgraduate training for a period of up to three years in the host laboratory and then is expected to return to their home country to pursue their career. The trainees would normally have completed or be completing a post-graduate degree such as a Ph.D, MD or DVM. This program has been running in historically top-

rank developing countries such as Poland, Brazil etc., but recently 'developed' countries such as Finland and Japan, and now Australia have been invited to join in. Until this year, the IESP has been run jointly by Dick Santen (UVA) and Valeria Guimaraes (Brazilia), but they are in the process of passing the mantle to Evan Simpson (Prince Henrys Inst.) and Sally Camper (U Michigan). All ESA members of course have the opportunity to recruit participating scholars into their labs here. Those wishing to recruit fellows through the Program need to be members of the US Endocrine Society as well as the ESA. ESA will shortly form a committee to vet application and a call for applications will be sent out soon to members along with instructions as to how to proceed. We hope ESA members will take advantage of the program to help develop the careers of talented young endocrinologists.

INVITATION TO ICE2010

Chairman's Message

On behalf of the Japan Endocrine Society, we are pleased to invite you to the 14th International Congress of Endocrinology (ICE2010) to be held in Kyoto, Japan from March 26 (Fri) to 30 (Tue) in 2010.

The Japan Endocrine Society was founded in 1925 and has about 7,000 active members. It has six affiliated societies: Japan Thyroid Association, Japan Neuroendocrine Society, Japan Society of Reproductive Endocrinology, The Society of Cardiovascular Endocrinology and Metabolism, The Japan Endocrine Pathology Society, and The Japan Steroid Hormone Society. In 1988 the Japan Endocrine Society was honored to host the 8th International Congress of Endocrinology in Kyoto, and the conference was of a great success with 4,500 participants from all over the world.

ICE2010 is the new style of ICE under the new statutes of the International Society of Endocrinology (ISE). As the host society, the Japan Endocrine Society is intending to organize the most attractive congress of endocrinology and metabolism in science and international friendship. Eleven official satellite symposia are also planned before and after the main congress in Kyoto and other cities.

Kyoto, the ancient capital of Japan for more than 1,000 years, is famous worldwide for many UNESCO World Culture Heritage Sites. It is one of the most attractive cities for participants from foreign countries, since it is full of both traditional and modern Japanese cultures. Kyoto is a city of great capacity from the viewpoints of academia, internationality, Japanese tradition, and natural scenery. Spring in Kyoto is full of cherry blossoms and is the most beautiful time of the year.

In 2010 we look forward to seeing you in Kyoto, Japan.

Kazuwa Nakao, M.D., Ph.D.

Chairman, Local Organizing Committee,
ICE 2010 Chairman,
The Board of Directors,
The Japan Endocrine Society

www.congre.co.jp/ice2010



ICE2010
Kyoto Japan

**14th International Congress
of Endocrinology**

*We are looking forward
to seeing you in Kyoto*

ICE2010
Kyoto Japan
March 26 - 30, 2010

Kyoto International Conference Center
<http://www.congre.co.jp/ice2010/>

Kazuwa Nakao Chairman,
The Japan Endocrine Society
Local Organizing Committee




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FUTURE MEETINGS -**2010****26-30 March 2010**

ICE 2010 -
International Congress of Endocrinology
Kyoto Japan
Website: www.congre.co.jp/ice2010

24-28 April 2010

12th European Congress of Endocrinology
Czech Republic
Website: http://www.endo-society.org/custom_apps/Events/Event.cfm?EventID=1320

30 April-2 May 2010

ESA Seminar Meeting
Novotel, Wollongong
Website: www.esaseminar.org.au

19-22 June 2010

ENDO
San Diego, California, USA
Website: <http://www.endo-society.org/meetings/Annual/index.cfm>

28-29 August 2010

ESA Clinical Weekend
Sydney
www.esaclinicalweekend.org.au

29 August - 1 September 2010

ESA/SRB Annual Scientific Meeting
Sydney Convention Centre
www.esa-srb.org.au

1-3 September 2010

2010 ADS/ADEA Annual Scientific Meeting
Sydney Convention & Exhibition Centre
Darling Harbour

5-8 September 2010

ANZBMS 20th Annual Scientific Meeting
Adelaide Hilton
Website: www.anzbms.org.au

2-5 December 2010

AOCE 2010 -
14th Asia-Oceania Congress of Endocrinology
Kuala Lumpur, Malaysia
Website: www.aoce2010.com

2011**4-7th June 2011**

ENDO
Boston, Massachusetts
<http://www.endo-society.org/meetings/Annual/index.cfm>

28th-31st August 2011

ESA/SRB ASM
Perth Convention Centre
Website: www.esa-srb.org.au