



26 January 2016

## Dear ENDOTEXT and THYROIDMANAGER READERS

May 2016 bring you some peace and prosperity. And if you wish to expand your knowledge of Endocrinology, may we recommend— not surprisingly, [WWW.ENDOTEXT.ORG](http://WWW.ENDOTEXT.ORG), and [WWW.THYROIDMANAGER.ORG](http://WWW.THYROIDMANAGER.ORG).

More good things keep happening on ENDOTEXT. For example, Jonathan Purnell, Professor Of Medicine at the Oregon University of Health Sciences has become the Section Editor on Obesity, our book-within-a-book, “OBESITEXT”. Aidar Gosmanov, Associate Professor at University of Tennessee Health Science Center is now co-editor of the Diabetes Section.

On January 16 the NIH/NLM/NCBI will upload all of the latest chapters in ENDOTEXT to their version of ENDOTEXT, and Index them in PUBMED, as is done every 3 months. <http://www.ncbi.nlm.nih.gov/books/NBK305900>  
If you wish to always see the very latest material on all topics you should visit our website directly. Among recent additions you will find an outstanding review of insulin types, pharmacology and treatment <http://www.endotext.org/chapter/modalities-for-treatment-of-diabetes/>,  
an update on Islet cell transplant <http://www.endotext.org/chapter/diabetes-treatment-strategies/islet-transplantation/>,  
the word on Paget’s disease <http://www.endotext.org/chapter/pagets-disease-of-bone/>,  
treatment of hypercholesterolemia <http://www.endotext.org/chapter/the-severe-hypercholesterolemia-phenotype-genes-and-beyond/>,  
everything you need to know about sub-acute thyroiditis <http://www.thyroidmanager.org/chapter/acute-and-subacute-and-riedels-thyroiditis/>,  
and many, many more current essentials for the well-grounded Endocrinologist in 2016

## **READ MORE**

### ESA Annual Report

Click on the link to view the ESA annual report 2015

<http://www.endocrinesociety.org.au/annual-report.asp>

This report highlights the society’s achievements in 2014/2015.

ESA Annual report committee: Chen Chen, Craig Harrison, Ivone Johnson

## **RCT of Testosterone for Androgen Deficiency-Like Symptoms (T4ADS) Study**

The Andrology Department of Concord Hospital is conducting a randomised, double-blind, placebo-controlled, choice-extension, three phase cross-over study to evaluate testosterone treatment for androgen deficiency-like symptoms in men aged 40 years and above. The study aims to evaluate whether (a) testosterone is superior to placebo for improving androgen deficiency-like symptoms during 6 weeks of daily transdermal gel application and (b) if participants' choice of preferred treatment has reproducible effects.

Potential participants should have lethargy or low energy symptoms and/or sexual dysfunction and think they may be testosterone deficient or wish to try testosterone treatment. Prior measurement of androgen levels is not necessary. Participants will be applying a transdermal gel daily and attend reviews at Concord Hospital at 3 weekly intervals for a total of 11 visits over 6 months. At visits, they will complete questionnaires and have blood sampled.

Interested participant should contact the Andrology Department at Concord Hospital at 97677222.

### **T4ADS advertisement**

#### **Research Fellow Position**

Faculty of Medicine, Nursing and Health Sciences School of Clinical Sciences at Monash Health,  
Department of Medicine.

### **Further information**

#### **Congratulations to the recipients of the following awards**

##### **ESA Ken Wynne Memorial Postdoctoral Research Award**

Jun Yang

##### **ESA Postdoctoral Award**

Justin Chen

Stella Liong

##### **ESA Research Higher Degree Scholarship**

Cherie Au

Dilys Leung

#### **19th Workshop on Vitamin D**

29-31 March 2016

Revere Hotel, Boston

Website: <http://www.vitamindworkshop.org/boston-2016-1.html>

### **Download flyer**

SAVE THE DATE



17<sup>th</sup> International Congress of Endocrinology  
15<sup>th</sup> Annual Conference of Chinese Society of Endocrinology

Beijing, China • August 31 – September 4, 2016



Website: <http://www.ice-cse2016.org/en/>

Abstract deadline: 30 April 2016

## PATIENT RESOURCES IN ENDOCRINOLOGY- a partnership between ESA and the US Endocrine Society



<http://www.endocrinesociety.org.au/patient-resources/index.asp>

The Endocrine Society of Australia have established an international collaboration with the US Endocrine Society to adapt patient information to the Australian setting and make them readily available.

These resources are rigorously developed, evidence based and aimed to support patients to understand their endocrine condition with the support of their doctor.

### [Click for resources](#)

These are available in both English and Chinese.

\*This information is designed to be informative and educational. It is not intended to provide specific medical advice or replace advice from your doctor.

\*Please note that only the information on the Australian link below is adapted to national settings including medications and tests. Other resources on the US website may be helpful but may not be consistent with Australian practice.



Website: <http://www.esaseminar.org.au/>

**Early bird registration: 4<sup>th</sup> March 2016**

The Organising Committee would like to welcome all trainees, endocrinologists, and interested clinicians to the 2016 ESA Seminar, on the Sunshine Coast, Queensland. The Committee is assembling an exciting program, drawing on the depth of Australian and International research speakers.

We look forward to seeing you at Twin Waters.

**Don McLeod**

Chair, Organising Committee



Website: <http://www.esaclinicalweekend.org.au/>

**Case study submission deadline: 3 June 2016, Early bird registration 17 June 2016**

Please accept this invitation to attend the 2016 ESA Clinical Weekend to be held at the Crowne Plaza Hotel, Surfers Paradise 19th - 21st August 2016. The Clinical Weekend is always an informative and instructive meeting held in a relaxed environment. 2016 promises to be all that we expect from the meeting.

This year's venue will provide you with plenty of opportunity to enjoy all that the Gold Coast has to offer. Our new tram stops right out the front of the hotel and provides easy access to Broadbeach and the Convention Centre precinct as well as north to Surfers Paradise and Southport. Don't miss this great meeting.

**Peter Davoren**, Chair, Organising Committee



Website: <http://www.esa-srb.org.au/>

**Early bird registration and abstract deadline: 17 June 2016**

The Annual Scientific Meeting of the Endocrine Society of Australia and the Society for Reproductive Biology will be expanded in 2016 and held with the Australian and New Zealand Bone and Mineral Society at the popular venue - the Gold Coast Convention Centre from 21-24 August.

The programme organising committee will consist of members from all three societies and will endeavour to present you with the latest and most exciting data from these respective fields with a range of international and national leading speakers.

The benefits of this large scale collaborative meeting include: broader content areas, efficiency in meeting attendance and costs for delegates and trade partners, a more diverse variety of sessions, increase attendees.

Trade partners will have exposure to more areas of specialties in Endocrinology, including these three societies and the **Australian Diabetes Society (ADS)** and the **Australian Diabetes Educators Association (ADEA)** meeting on the Wednesday of that week. The three societies share areas of common interest and offer expertise and diversity across the field of endocrinology.

**Fran Milat** (*ESA POC Co-chair*)

**Renea Taylor** (*ESA POC Co-chair*)

**Brett Nixon** (*SRB POC Co-chair*)

**Kirsty Walters** (*SRB POC Co-chair*)

**Mark Cooper** (*ANZBMS Co-Chair*)

**Mike Rogers** (*ANZBMS Co-Chair*)

## **DATES FOR THE DIARY**

### **2016**

#### **6-9 March 2016**

Rachmiel Levine-Arthur Riggs Research Symposium  
Long Beach, CA  
Website: [www.levinesymposium.com](http://www.levinesymposium.com)

#### **29-31 March 2016**

19<sup>th</sup> Workshop on Vitamin D  
Revere Hotel, Boston  
Website: <http://www.vitamindworkshop.org/boston-2016-1.html>

#### **1-4 April 2016**

ENDO  
Boston, MA  
Website: <https://www.endocrine.org/meetings/endo-annual-meetings>

#### **16-18 May 2016**

RACP Congress  
Adelaide Convention Centre  
Website: <http://www.event.com/events/congress-2016-evolve-educate-engage/event-summary-e5231da72d354eab81e5a6d7ab18dd40.aspx>

#### **28 May – 1 June 2016**

18<sup>th</sup> European Congress of Endocrinology (ECE 2016)  
Munich, Germany  
Website: <http://www.esa-hormones.org/meetings/>

#### **19-21 August 2016**

ESA Clinical Weekend  
Queensland  
Website: <http://www.esaclinicalweekend.org.au/>

#### **21-24 August 2016**

ESA/SRB/ANZBMS Annual Scientific Meeting  
Gold Coast Convention Centre  
Website: <http://www.esa-srb.org.au/>

#### **25-28 August 2016**

ADS/ADEA Annual Scientific Meeting  
Gold Coast Convention Centre  
Website: <http://www.ads-adea.org.au/>

#### **25-28 August 2016**

ADS/ADEA Annual Scientific Meeting  
Gold Coast Convention Centre  
Website: <http://www.ads-adea.org.au/>

#### **31 August – 4th September 2016**

ICE/ENDO  
Beijing, China  
Website: <http://www.endosociety.com/events.html>

#### **16-19 September 2016**

ASBMR Annual Meeting  
Atlanta, Georgia, USA  
Website: <http://www.asbmr.org/meetings/annualmeeting.aspx>

#### **28 September-1 October 2016**

World Congress on the Menopause, International  
Menopause Society  
Prague, Cz  
[http://www.imsociety.org/world\\_congress.php](http://www.imsociety.org/world_congress.php)

#### **6-9 November 2016**

8<sup>th</sup> International Congress of the GRS and IGF Society  
Tel Aviv, Israel  
<http://www.grs-igf2016.com/>

#### **6-9 November 2016**

AHMRC  
Gold Coast Convention Centre  
Website: <http://www.ahmrccongress.org.au/>

### **2017**

#### **1-4 April 2017**

ENDO  
Orlando, Florida  
Website: <https://www.endocrine.org/meetings/endo-annual-meetings>

#### **17-21 June 2017**

ANZBMS/IBMS Joint Meeting  
Brisbane, Queensland  
Website: <https://www.anzbms.org.au/>

#### **27 August – 2<sup>nd</sup> September 2017**

ESA/SRB ASM  
Perth Convention Centre  
Website: <http://www.esa-srb.org.au/>

### **2018**

#### **1-4 December 2018**

ICE 2018  
Cape Town, South Africa  
Website: <http://www.endosociety.com/events.html>

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