

29 November 2013



The Royal Australasian  
College of Physicians

Striving for Excellence  
in Health and Medical Care

through lifelong learning, quality performance and advocacy

## RACP Voting on New Board Proposal

### Board Reform - vote Yes to modernise your College

Voting is still open to reduce the size and change the complex structure of the current RACP Board of Directors. Voting is being managed by Link Market Services, acting as Returning Officer for the College, and will close at **1pm on Tuesday 3 December**. Go to [www.VoteNow.RACP.edu.au](http://www.VoteNow.RACP.edu.au) to cast your vote and read information relating to the voting process.

All information relating to the vote, including the marked-up changes to the Constitution, a video outlining the changes and a Frequently Asked Questions document, is available online at [www.VoteNow.RACP.edu.au](http://www.VoteNow.RACP.edu.au)

If members have any questions on the proposed change, please submit them to [Governance.Review@RACP.edu.au](mailto:Governance.Review@RACP.edu.au). The Governance Reform team is responding to all questions and has posted all questions received (we have de-identified the senders) and answers on the College website at [www.VoteNow.RACP.edu.au](http://www.VoteNow.RACP.edu.au). Alternatively, members are encouraged to contact a Board Director to discuss the proposed changes and ask any questions.

By now you will have received your copy of *RACP News* – a special edition containing information relating to the proposed Board Governance reform.

**ESA members who are also Fellows of the Royal Australasian College of Physicians are encouraged to vote on this issue.**

## ESA Seminar Meeting 2014, 2-4 May, Hotel Grand Chancellor, Hobart, Tasmania



The 2014 ESA Seminar Meeting will be held from the 2nd -4th May at Hotel Grand Chancellor Hobart, Hobart, TAS. This year's ESA Seminar Meeting will featured both a Basic Science & Clinical stream.

The themes for the 2014 are:

Basic Science Stream “**Steroid Action: Biology & Clinical Disease**”

Clinical Stream “**Adrenal Disease**”

Professor William Young Jr will contribute to both the Clinical and Science streams.

Website: <http://www.esaseminar.org.au/>

**Don McLeod (Clinical Chair) and Belinda Henry (Basic Science Chair)**

## ESA Clinical Weekend 2014, 23-25 August, Peppers The Sands, Torquay, Victoria



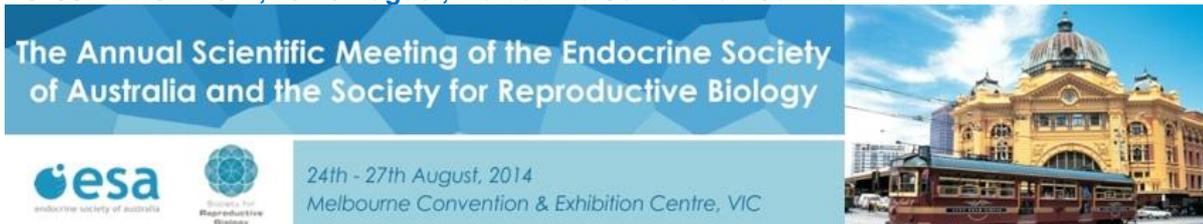
The Organising Committee have pleasure in welcoming clinical endocrinologists and trainees to the Clinical Weekend.

The program will follow the successful format of previous years, featuring the presentation of high quality clinical cases by Advanced Trainees in an interactive small group setting. The focus of this year's meeting will be in the areas of thyroid and pituitary endocrinology. Advanced trainees are invited to submit case studies for consideration in to the program.

Website: <http://www.esaclinicalweekend.org.au/>

**Convenor: A/Professor Shane Hamblin**

## ESA/SRB ASM 2014, 25-28 August, Melbourne Convention Centre



The 2014 ESA-SRB Annual Scientific Meeting will be held in Melbourne at the Melbourne Convention & Exhibition Centre from 25th-28th August 2014. Planning for the meeting is in full swing with some exciting international and national speakers in mind. The program is guaranteed to build on the strengths of previous meetings.

Website: <http://www.esa-srb.org.au/>

**POC Chair: Dr Ann McCormack**

### Information regarding FreeStyle Lite blood glucose test strips

The TGA recently published information regarding a recall of FreeStyle Lite blood glucose test strips.

The TGA's statement can be found at <http://www.tga.gov.au/safety/alerts-device-freestyle-lite-blood-glucose-test-strips-131122.htm>

### Endocrinology practice-South West Sydney

Sessions are available for a busy endocrinology practice in South-West Sydney. Please phone 0418 277 667 for further information.

## Clinical PhD Opportunity

Associate Professor Sophia Zoungas and Professor Helena Teede are seeking a motivated PhD student (health or biomedical sciences background) for clinical research in diabetes in the field of epidemiology and biostatistics. The successful student will gain the opportunity to work at the Monash Centre for Health Research and Implementation – MCHRI in the School of Public Health and Preventive Medicine, Monash University. They will gain training and experience in epidemiological research, diabetes and biostatistics. MCHRI is based at Monash Health in Clayton and clinical PhD fellows can combine research with part time clinical opportunities in Diabetes/ Endocrinology based at Monash Medical Centre.

This project sits within a world leading research group working in diabetes and obesity across insulin resistance, pathophysiology, health implications, novel treatments and health care improvement. Skill sets include epidemiology, clinical trials, biostatistics, evidence synthesis, dietetics, exercise physiology, endocrinology, public health, nursing among others. Our clinical research team is primarily NHMRC funded and publishes at the forefront in the field. We have a strong focus on career development and mentoring and provide a supportive environment for all students.

Funding: Australian citizens and permanent residents will be exempt from Monash University fees. International students will be required to provide evidence of how they will manage their university fee requirements for the duration of their candidature.

Qualifications and Financial Support: Students with an Honours or Masters degree with H1 equivalent (including Medical graduates) are encouraged to apply. Preparation of scholarship applications would be supported and successful applicants would be eligible to apply for additional local top-up scholarship funds. However, if an external scholarship application is not successful, chosen applicants will be offered an internal department scholarship for the first year of the PhD until scholarship funds are awarded.

**How to apply: Email your CV, a cover letter and a copy of your academic transcript to [maree.powell@monash.edu](mailto:maree.powell@monash.edu) before December 15th 2013.**



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**Closing Date: 31/12/2013**

**Commencement Date: ASAP, or latest March 2014**

**Description:** An Endocrinologist (and ideally dual qualified GIM) doctor is required for Mater hospital in Bundaberg. The hospital is part of the Mercy Aged Care group of Central Queensland, that also have centres in Gladstone, Mackay, Rockhampton and Yeppoon. The demographic of the area will feed well into Endocrine practice; The service offers GIM, respiratory & sleep, hematology, oncology, and a new radiation oncology service. The region has very few Endocrinologists so there are possible opportunities to get Public VMO consults as well.

Career Medical Recruitment is engaged to manage this opportunity exclusively by the Mater in Bundaberg. For any questions please call Career Medical on 02 8234 8989 or Stephen on 0415 152 444

**Essential Qualifications:** FRACP (or soon to gain)

**URL:** <http://www.careermedical.com.au/job/endocrinologist-bundaberg>

**Contact:** Stephen Bott - Career Medical Recruitment - [Stephen@careermedical.com.au](mailto:Stephen@careermedical.com.au) Tel: + 61 2 8234 8989



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Anywhere Healthcare's virtual healthcare clinic has been designed to help address the challenges faced by patients who live in regional and remote areas of Australia, where access to specialist healthcare is limited and difficult to access. Our Anywhere Healthcare team is a dedicated panel of medical specialists, equipped to deliver fast and effective online care through our secure virtual platform. Anywhere Healthcare is another Medibank Health Solutions initiative that is changing the face of health and making today a much better place.

We are interested in speaking with experienced **Endocrinologists** who may be seeking flexible working arrangements to join our panel of Specialists.

Using our innovative technology, we provide you with the modern tools that enable you to work from home, anywhere in Australia.

This flexible work from home model may suit someone looking to return to the workforce, a parent looking for part-time / flexible working hours, or a clinician wanting to wind back their practice commitments.

If you are interested in finding out more about this opportunity, please contact Anne Harragon for a confidential discussion on 02 9425 3734 or email: [anne.harragon@medibankhealth.com.au](mailto:anne.harragon@medibankhealth.com.au)

Visit the [Anywhere Healthcare](#) website to find out more.



## Type 1 Diabetes Prevention Trial



Help Fight Type 1 Diabetes!  
to register go to  
[www.stopdiabetes.com.au](http://www.stopdiabetes.com.au)

The Type 1 Diabetes Prevention Trial, also known as the Intranasal Insulin Trial (INIT II), is part of a coordinated global effort to develop a vaccine for type 1 diabetes. The Trial, which began in 2006, is jointly funded by the National Health and Medical Research Council (NHMRC) and the Juvenile Diabetes Research Foundation (JDRF), through the Diabetes Vaccine Development Centre (DVDC).

Over the past 7 years over 13,500 type 1 diabetes relatives in Australia and New Zealand have registered to assess their eligibility for the trial. As a result 9313 have had the blood test for antibodies and 95 have enrolled in the Trial. Our target is 120 participants.

Registration for the **TYPE 1 DIABETES PREVENTION TRIAL CLOSES 31<sup>ST</sup> DECEMBER 2013** and we urgently need your help to identify participants.

Please take a minute to tell your patients with type 1 diabetes about antibody screening. To register, they need to call 1300 138 712 or go to [www.stopdiabetes.com.au](http://www.stopdiabetes.com.au)

If you would like some INIT II brochures to give to your patients, please call myself or Shelley Mesfin on (03) 9342 7672.

*Nicky Dagleish*  
Trial Coordinator



Burnet Clinical Research Unit  
Royal Melbourne Hospital  
Tel: (03) 9342 7672

### ESA 2014 Meetings

ESA Seminar Meeting 2014, 2-4 May, Hotel Grand Chancellor, Hobart, Tasmania

ESA Clinical Weekend 2014, 23-25 August, Peppers The Sands, Torquay, Victoria

ESA/SRB ASM 2014, 25-28 August, Melbourne Convention Centre

### Calendar

#### 27-30 March 2014

The 3<sup>rd</sup> International Conference of PreHypertension, Hypertension & Cardio Metabolic Syndrome  
Warsaw, Poland  
Website: [www.prehypertension.org](http://www.prehypertension.org)

#### 4-6 April 2014

5<sup>th</sup> Congress of the Asia Pacific Initiative on Reproduction (ASPIRE 2014) in conjunction with the Fertility Society of Australia Annual Conference  
Brisbane Exhibition Centre  
Website: [www.aspirecongress.org](http://www.aspirecongress.org)

#### 15-17 May 2014

Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy)  
Bangkok, Thailand  
Website: [www.codhy.com/AP](http://www.codhy.com/AP)

#### 7-10 September 2014

ANZBMS ASM  
Queenstown, NZ  
Website:  
<http://www.anzbmsconference.com/>

#### 25-27 September 2014

14<sup>th</sup> International Workshop MULTIPLE ENDOCRINE NEOPLASIA and other rare endocrine tumours. Vienna

Website: [www.worldmen2014.at](http://www.worldmen2014.at)

### Endocrinology position at Launceston General Hospital

A full-time staff specialist (or VMO) position for an endocrinologist will be available soon at Launceston General Hospital.

The Launceston General Hospital is a 300-bed public hospital offering all acute medical services. It is co-located with the Launceston Clinical School (University of Tasmania). Endocrine and diabetes services are currently provided by 2 part-time endocrinologists. Both hospital (John Morris Diabetes Centre) and community diabetes services are housed in the new Northern Integrated Care Services building.

LGH provides a collegial working environment under the leadership of Dr Alasdair MacDonald (current Chair of RACP Adult Medicine Division). You will have the opportunity to develop your own sub-speciality interest in endocrinology/diabetes, carry out clinical research through the Hospital's research foundation (Clifford Craig Research Trust), and participate in medical student teaching and the FRACP training program.

If you would like further information, please contact Anne Corbould (0422554268, [acorbould@yahoo.com](mailto:acorbould@yahoo.com)) or Joanne Campbell ([joanne.elizabeth.campbell@gmail.com](mailto:joanne.elizabeth.campbell@gmail.com)).

### PhD Opportunity-Stroke and Ageing Research, Vascular Brain Ageing Division, Medicine, Monash Medical Centre, Monash University

An exciting opportunity is available for interested candidates for pursuing a PhD in the field of Diabetes Mellitus and Dementia in an NHMRC-funded study. The focus is broadly on determining the longitudinal relationship between Type 2 Diabetes Mellitus and markers of brain structure and function using sophisticated imaging and vascular measures. The setting is ideal for trainees in Geriatric Medicine, Neurology or Endocrinology in their final year of advanced training or who have completed training, who wish to pursue higher studies in a novel field. The Stroke and Ageing Research Group is well equipped with necessary clinical, imaging and statistical expertise to support the candidate. Funding is available to support the candidate while exploring other competitive sources of support. Those interested may contact A/Prof Velandai Srikanth, ([velandai.srikanth@monash.edu](mailto:velandai.srikanth@monash.edu)) for further information.

5-7 December 2014

The 2<sup>nd</sup> World Congress of Clinical Lipidology

Vienna, Austria

Website: [www.clinical-lipidology.com](http://www.clinical-lipidology.com)

### ESA CONTACT DETAILS

Endocrine Society of Australia

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T +61 2 9256 5405, F +61 2 9251 8174

E: [ijohnson@endocrinesociety.org.au](mailto:ijohnson@endocrinesociety.org.au)

W: [www.endocrinesociety.org.au](http://www.endocrinesociety.org.au)