



4 June 2015

Evolve

The Royal Australasian College of Physicians (RACP) is initiating a program called EVOLVE. This arises from international initiatives to identify areas of clinical practice which are outside of current guidelines and/or are not cost effective - the avoidance of which could result in significant savings to the healthcare system. The RACP is aiming for all medical subspecialty societies to come up with five such clinical practices a "Top 5 practices to avoid" within the subspecialty.

The ESA Medical Affairs sub-committee along with Jason Soon from the RACP have put together a short list of 8 possible avoidable clinical practices within endocrinology. We seek input from ESA members who are practising clinicians to vote on their "Top 5".

Click on summary document outlining the 8 topics on the short list along with a brief literature review by way of introduction. We have devised a brief on line survey which will take less than 5 minutes to complete. This is the link to the survey

<https://www.surveymonkey.com/s/BXRBH2R>

Please rank in order, which of the 8 areas of clinical endocrinology practice should be most strongly recommended to avoid (1 being most recommended to avoid)

We ask that the survey be completed by **Friday June 12**. The results will be collated and used to make the final recommendation to the RACP on behalf of the Society.

Associate Professor Warrick Inder, Chair, Medical Affairs Sub-committee

IMPORTANT DEADLINES:

Abstract deadline	12 June 2015
Novartis Junior Scientist Award	12 June 2015
Servier Award	12 June 2015
ESA Bryan Hudson Clinical Endocrinology Award	12 June 2015
ESA Travel Grants	12 June 2015
ESA IPSEN International Travel Grant Award	1 August 2015
ESA Postdoctoral Award	30 October 2015
ESA Research Higher Degree	30 October 2015
ESA Ken Wynne Memorial Postdoctoral Scholarship	16 November 2015

Apply for ESA awards: <http://www.endocrinesociety.org.au/awards-and-grants.asp>

Overseeing biosimilar use - CATAG release of Guiding Principles

Biological drugs such as proteins and peptides are produced by complex processes that include the use of recombinant protein expression in various organisms. Because of this complexity, the same biological produced by a different drug company after a patent expires is not identical despite having the same amino acid sequence. For example, there may be differences in post-translational modifications and trace impurities, and these may have biologically relevant effects. These copies are therefore called biosimilars rather than generics and it cannot be assumed that they are identical in all ways to the original. This is particularly relevant to endocrinologists as the first biosimilar insulin (of glargine insulin) has been approved in the EU, has tentative approval in the US, and the PBAC has recommended including it on the PBS here. The document provides guidelines for the use of biosimilars in Australian hospitals.

Download document

A Practitioner's Toolkit for the Management of the Menopause

This toolkit for managing the menopause has been endorsed by the International Menopause Society, the Australasian Menopause Society and the Jean Hailes Foundation.



[A Practitioner's Toolkit for the Management of the Menopause](#) 497.82 KB

These algorithms and supporting document provide an accessible desk-top tool for health care practitioners caring for women at midlife.

The toolkit is now published on line in the journal Climacteric and can be accessed in full at <http://informahealthcare.com/doi/full/10.3109/13697137.2014.929651>

The toolkit has been endorsed by the International Menopause Society for global use.

New ESA initiative! "Find a researcher"

ESA Council would like to provide a facility for members to explore research interests represented within the Society, identify researchers who are willing to review manuscripts or grants, and those willing to receive invitations to speak at local or national meetings. The primary aim is to encourage research interactions and collaborations, the secondary aims are to raise the profile of emerging and early career researchers and establish the Society's membership as a valuable national resource for peer review activities related to research.

Council encourages ESA members to "opt in" by providing details of their qualifications, training, current position, research interests and "top 5" recent publications to a member-access database. The database will provide a means for researchers to identify potential collaborators, and promote interactions between clinical and laboratory-based researchers within the Society. These data will be accessible only to other members of ESA.

If you would like to be listed in 'Find a Researcher' Log in at the ESA homepage: <http://www.endocrinesociety.org.au/>
Go to resources.

Find an Endocrinologist

The Endocrine Society of Australia receives regular enquiries to recommend an endocrinologist with particular interests or expertise. Endocrinology is a broad field, which includes some very common conditions, but also some very rare ones. As a result, people who have rare conditions may benefit from seeing a specialist with additional experience or expertise. The Society comprises clinical endocrinologists and also scientists, who research endocrine disorders but do not see patients. Clinical members of the Society have been invited to submit their contact details and self-nominated areas of interest. Please note that the Endocrine Society of Australia is providing this as a community service to help patients find a suitable endocrinologist (considering both geographical issues and area of interest). The Society is not endorsing or recommending any of the listed clinicians or their degree of expertise.

The general public will be able to search for an Endocrinologist in this section: <http://www.endocrinesociety.org.au/search-for-an-endocrinologist.asp>

If you would like to be listed in 'Find an Endocrinologist' Log in at the ESA homepage: <http://www.endocrinesociety.org.au/>
Go to edit my details

Implementation of the new PBS testosterone criteria

Andrology Australia and the Endocrine Society of Australia have released an advisory note on the implementation of the new PBS criteria for the prescription of testosterone.

In April the Pharmaceutical Benefits Advisory Committee (PBAC) announced new criteria for prescription of testosterone on the Pharmaceutical Benefits Scheme (PBS). The new criteria contain two major changes to the way testosterone is prescribed on the PBS.

The first is that local doctors will no longer be able to continue to prescribe testosterone treatment without having the diagnosis validated by a specialist (endocrinologist, urologist, or member of the Australasian Chapter of Sexual Health Medicine). At the time of authority being obtained a date for an appointment and the name of a specialist must be included by the local doctor.

The second change relates to the prescription of androgens for men over the age of 40 who do not have a defined pituitary or testicular disorder. For these men to receive PBS support, the threshold testosterone level in the bloodstream has been lowered from 8 nmol per litre to 6 nmol per litre, effectively tightening the criteria.

Andrology Australia has received numerous enquiries since we published this news in the Autumn 2015 issue of *The Healthy Male*. In response, we have prepared an advisory note, in cooperation with the The Endocrine Society of Australia, which offers some suggestions that may assist with understanding the changes and implementing the new PBS criteria.

ESA Subscriptions

Membership to the ESA permits access to all meetings, obtaining membership registration, opportunity to apply for the various ESA awards/Travel Grants, ESA newsletter, e-bulletins and patient information. ESA membership also enables inclusion in the ESA "find an endocrinologist" which is a popular portal within the site.

If your dues are not paid you will not be eligible to apply for membership registration fees and awards for the forthcoming ESA meetings.

Log in at the ESA homepage: <http://www.endocrinesociety.org.au/> Go to subscription renewal.

AACB 53rd Annual Scientific Conference 15-17 September 2015, ANZ Stadium, Sydney NSW



Call for Abstracts - CLOSING NEXT FRIDAY 12 JUNE!

Early Bird Registration - NOW OPEN

Endocrine Feature Day

Day-2 has an endocrine disease focus with the keynote address on pheochromocytoma by Prof Graeme Eisenhofer. The afternoon plenary experts are Michael Stowasser to give the aldosterone counterpoint to the Eisenhofer address and Prof Ken Ho who will deliver a frank appraisal on adequacy of current laboratory tests for pituitary disease. A/Prof Ann McCormack who leads the Hormones and Cancer group at the Garvan Institute of Medical Research and St Vincent's Hospital, Sydney and the Sydney Pituitary Collaborative Group will focus on cortisol assays and how assay performance directly impacts on monitoring of Cushing's patients.

During the ESA feature day there will be 9 speakers with significant expertise. Prof Carolyn Sue, Director of Neurogenetics at Royal North Shore Hospital, University of Sydney, and Director of the National Centre for Adult Stem Cell Research will speak on her experience with FGF 21 testing and importance as an emerging marker of metabolic status. Invited speakers are A/Prof Anju Johan from Monash who set up Australia's first non-fertility based PCOS centre, Prof Iain Clarke also from Monash who is the Australian expert on neuropeptide function and Prof David Kennaway from Adelaide on neuro-metabolic rhythms that underscore health and are disrupted in many chronic diseases. We also feature the expertise and experience of 4 outstanding scientists in Sydney; Catherine Woolnough, Diana Benn, Lyn Boscato and Michael Wright.



The Organising Committee welcomes all students and interested scientists to the 2015 ESA Basic Career Development Weekend.

Website: <http://esamentorworkshop.org/>

When: 21-22nd August (immediately preceding the Annual Scientific Meeting).

Where: [Stamford Grand](#), Glenelg, Adelaide.

Focus: The weekend is focussed on mentorship and career development. There will be a number of leading Australian researchers who will provide insight into career development.

International Plenary: We welcome [Professor William Rainey](#) (University of Michigan), who will provide personal insight into the development of an internationally renowned career.

Included Topics:

- Fellowship funding: how to stay one step ahead.
- Alternative sources of funding: looking beyond NHMRC
- How do basic scientists develop translational strengths?

Travel grants will be available for students and early career researchers (5 years post-doctoral). Further information will be shortly available.

We look forward to seeing you in Adelaide.

Dr Belinda Henry, Chair, Organising committee



The Organising Committee welcomes all trainees, endocrinologists, and interested clinicians to the 2015 ESA Clinical Weekend in the beachside town of Glenelg, Adelaide. Our two overriding themes will be Reproductive Endocrinology and Thyroid Cancer. We look forward to stimulating case discussions based on presentations by our advanced trainees supported by plenaries by our international guests, Professor Richard Santen and Professor Michael Tuttle, both renowned speakers and clinicians in the fields of breast cancer and advanced thyroid cancer respectively.

Registration and case study submissions open **10th February 2015**

Website: <http://www.esaclinicalweekend.org.au/>



ESA-SRB 2015 - Adelaide

The Annual Scientific Meeting of the Endocrine Society of Australia and the Society for Reproductive Biology 2015 will be held from 23rd - 26th August at the newly redeveloped Adelaide Convention Centre.

Registrations are now open! <http://www.esa-srb.org.au/>

DATES FOR THE DIARY

2015

27-30 June 2015

7th International Conference on Children's Bone Health
Salzburg, Austria
<http://www.iccbh.org/>

21-23 August 2015

ESA Clinical Weekend
Adelaide, SA
Website: <http://www.esaclinicalweekend.org.au/>

22nd-23rd August 2015

ESA Early Career Research Development Weekend
Stamford Grand, Glenelg, Adelaide
Website: <http://esamentorworkshop.org/>

23-26 August 2015

ESA/SRB ASM
Adelaide Convention Centre
Website: <http://www.esa-srb.org.au/>

27-29 August 2015

Sex, steroids, fat and breast cancer
Uluru Meeting Place
Flyer

27-29 August 2015

ADS/ADEA ASM
Adelaide Convention Centre
Website: <http://www.ads-adea.org.au/>

27-29 August 2015

8th International Congress on Farm Animal Endocrinology
Billund, Denmark
Website: <http://anis.au.dk/en/icfae-2015/>

15-17 September 2015

AACB 53rd Annual Scientific Conference
ANZ Stadium, Sydney NSW
<http://www.aacb.asn.au/eventsinfo/aacb-53rd-annual-scientific-conference>

25-27 September 2015

19th Congress of the Australian Menopause Society
Canberra
Website: <https://www.menopause.org.au/health-professionals/ams-congress-centre>

7-10 October 2015

ISPAD/APEG Annual Meeting
Brisbane, QLD
<http://www.ispad-apeg.com/>

9-12 October 2015

ASBMR 2015
Seattle, Washington, USA
<http://www.asbmr/meetings>

1-4 November 2015

ANZBMS ASM
Hobart, Tasmania
Website: <https://www.anzbms.org.au/>

10-13 December 2015

AFES 18th Congress is jointly organised by the Malaysian Endocrine and Metabolic Society and the ASEAN Federation of Endocrine Societies
Kuala Lumpur Convention Centre, Malaysia
Email: afes2015sec@gmail.com

2016

1-4 April 2016

ENDO

Boston, MA

Website: <https://www.endocrine.org/meetings/endo-annual-meetings>

28 May – 1 June 2016

18th European Congress of Endocrinology (ECE 2016)

Munich, Germany

Website: <http://www.es-hormones.org/meetings/>

19-21 August 2016

ESA Clinical Weekend

Queensland

Website: <http://www.esaclinicalweekend.org.au/>

21-24 August 2016

ESA/SRB Annual Scientific Meeting

Gold Coast Convention Centre

Website: <http://www.esa-srb.org.au/>

25-28 August 2016

ADS/ADEA Annual Scientific Meeting

Gold Coast Convention Centre

Website: <http://www.ads-adea.org.au/>

31 August – 4th September 2016

ICE/ENDO

Beijing, China

Website: <http://www.endsociety.com/events.html>

16-19 September 2016

ASBMR Annual Meeting

Atlanta, Georgia, USA

Website: <http://www.asbmr.org/meetings/annualmeeting.asp>

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28 September-1 October 2016

World Congress on the Menopause, International Menopause Society

Prague, Cz

http://www.imsociety.org/world_congress.php

6-9 November 2016

8th International Congress of the GRS and IGF Society

Tel Aviv, Israel

<http://www.grs-igf2016.com/>

6-9 November 2016

AHMRC

Gold Coast Convention Centre

Website: <http://www.ahmrcongress.org.au/>

2017

1-4 April 2017

ENDO

Orlando, Florida

Website: <https://www.endocrine.org/meetings/endo-annual-meetings>

17-21 June 2017

ANZBMS/IBMS Joint Meeting

Brisbane, Queensland

Website: <https://www.anzbms.org.au/>

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