



FROM THE **ESA President**

I wish to thank the Council for electing me to the position of President and I look forward to serving it and the Society. As your new President, my first action was to ask five past Presidents for advice. They were unanimous: "Leave the country now". I am therefore writing this report from Aranjuez, a small village south of Madrid. I have learnt three relevant things while in Spain;

1) The grandest palaces (Palacio Real in Aranjuez, Al Hambra in Granada and Elcazar in Seville) were built by leaders just before their fall from power. Those leaders who lasted longest showed humility, good judgement and listened to their subjects. This seems like a good model.

2) Spain expelled the Jews and Moslems in the 15th and 16th Centuries. There followed 300 years of stagnation (called by some Spain's Golden Age). Homogeneity was the guiding principle. I do not think this is a good approach for ESA. We are the only society representing all of endocrinology. We need to remain diverse and appealing to all endocrinologists, both scientist and clinician. We need to encourage those members in more specialised societies to also remain with ESA.

3) Finally, I went to visit the bearded lady in Toledo. In her painting she stands there breast-feeding her 7th child. The guide kindly explained to me that she had an adrenal tumour. When I

enquired how she managed to get pregnant while growing a beard, all communication between guide and visitor ceased. There is a lot we don't know in endocrinology. Education and research remain the fundamental goals of ESA. We need to ensure scientists have adequate educational pathways and career structures. We need to ensure clinicians feel they can get their ongoing education through ESA meetings.

I have a number of people to thank, including Ben Canny and the previous Council, Cathie Coulter, Ross Cuneo, John Burgess and Bruce Robinson for leaving the Society in a financially healthy and scientifically vibrant state with a membership in excess of 800. The Society has been active in matters of policy and health by continuing to provide solicited advice to relevant government bodies, and formulated

Important items in this edition

ESA Council Election Results

Meeting Reports for 2004

ESA International Travel Grants

AGM Minutes

EDITOR:

Dr David Phillips, Monash Institute of Reproduction & Development, Monash Medical Centre, 246 Clayton Road, Clayton Vic 3168.
Ph: (03) 9594 7126
Fax: (03) 9594 7114
david.phillips@med.monash.edu.au

CORRESPONDENCE:

Dr Mark McLean, Dept of Endocrinology, Westmead Hospital, Hawkesbury Road, Westmead, NSW 2145
Ph: (02) 9845 6796
Fax: (02) 9635 5691
mmclean@med.usyd.edu.au

ESA WEBSITE:

<http://www.racp.edu.au/esa>

Webmaster:

Mrs Ivone Johnson

ACN: 006 631 125
ABN: 80 006 631 125

Sponsors of the Endocrine Society of Australia:

The Society gratefully acknowledges support from the following sponsors:

Major Corporate Sponsors

- GlaxoSmith Kline
- Servier Laboratories (Australia)

Corporate Sponsors

- Ipsen Pty. Ltd.

position statements on key areas of endocrine therapeutics. I am fortunate to lead a strong council with Leon Bach as Vice President, Mark McLean as Secretary and Vicki Clifton as Treasurer, along with David Torpy, Catherine Choong, Evan Simpson and David Healy. Each member will be contributing to specific areas of ESA activities. David Torpy will oversee medical affairs, David Phillips will continue as the newsletter editor and Mark McLean will be handling matters related to the Royal College of Physicians. David Handelsman and Evan Simpson are the ESA representatives on the ISE Central Committee. The Council is delighted to be working with Stephen Twigg who is Chairman of the Program Organising Committee.

The 2005 ESA Annual Scientific Meeting will be held on 4-7th September 2005 at the Perth Convention Centre. The Council will be working with Stephen Twigg to ensure that this meeting will be of interest to the broadest possible range of our membership. The ESA Clinical Weekend, convened by Seng Khee Gan, will be held at the Novotel Vines Resort, Swan Valley, WA on 2-4th September 2005. Jennifer Conn will convene the ESA Seminar meeting which will be held at The Sebel Yarra Valley, Victoria, on 15-17th April 2005.

ESA will conduct a major restructure of the webpage. This restructure will enable members to access details of other members on-line, modify details of their own membership on-line, and pay



membership dues on-line. Ivone Johnson, ESA Secretariat, and Anne Kovach, RACP webmaster, will take on this restructure.

As I am looking to the future, I welcome your suggestions and advice. What is wrong with ESA? What is right? What can we do better? How should the leadership be structured? What should we do with our money? Should we change the meetings? I welcome your feedback on these issues that we all need to ponder over.

Jeffrey Zajac

ENDOCRINE SOCIETY OF AUSTRALIA COUNCIL AND OFFICE BEARERS

Professor Jeffrey Zajac (President)
Department of Medicine
Austin & Repatriation Medical Centre
Heidelberg VIC 3800
Tel: (03) 9496 5198
Fax: (03) 9496 5485
Email: j.zajac@unimelb.edu.au

Associate Professor Leon Bach (Vice-President)
Department of Medicine
Austin Hospital
Studley Road
Heidelberg VIC 3084
Tel: (03) 9496 3581
Fax: (03) 9457 5485
Email: l.bach@unimelb.edu.au

Dr Mark McLean (Honorary Secretary)
Department of Endocrinology
Westmead Hospital
Hawkesbury Road
Westmead NSW 2145
Tel: (02) 9845 6796
Fax: (02) 9635 2191
Email: mmclean@med.usyd.edu.au

Dr Vicki Clifton (Treasurer)
Mothers and Babies Research Centre
John Hunter Hospital
Locked Bag #1
Hunter Region Mail Centre
Newcastle NSW 2310
Tel: (02) 49 855 641
Fax: (02) 49 214 394
Email: vclifton@mail.newcastle.edu.au

Dr David Torpy
Endocrinology & Metabolic Unit
Level 7, Emergency Block
Royal Adelaide Hospital
Adelaide SA 5000
Tel: (08) 8222 5520
Fax: (08) 8222 5908
Email: david.torpy@adelaide.edu.au

Dr Catherine Choong
School of Pediatrics & Child Health M561
University of Western Australia
Princess Margaret Hospital for Children
GPO Box 184
Perth WA 6014
Tel: (08) 9340 7906
Fax: (08) 9388 2097
Email: catherinec@ichr.uwa.edu.au

Professor Evan Simpson
Prince Henry's Institute of Medical Research
Monash Medical Centre
PO Box 5152
Clayton VIC 3168
Tel: (03) 9594 4397
Fax: (03) 9594 6125
Email: evan.simpson@phimr.monash.edu.au

Professor David Healy
Department of Obstetrics & Gynaecology
Monash Medical Centre
Level 5, 246 Clayton Road
Clayton VIC 3168
Tel: (03) 9594 5374
Fax: (03) 9594 6389
Email: david.healy@med.monash.edu.au

Dr David Phillips (Newsletter Editor)
Institute of Reproduction & Development
Monash Medical Centre
Clayton VIC 3168
Tel: (03) 9594 7126
Fax: (03) 9594 7114
Email: david.phillips@med.monash.edu.au

ESA Secretariat
Mrs Ivone Johnson
145 Macquarie Street
Sydney, NSW, 2000
Tel: (02) 9256 5405
Fax: (02) 9251 8174
Email: esa@racp.edu.au
Mobile: 0414 454 085
Office Hours: 10.00am - 4.00pm
Tuesday, Thursday and Friday

SIGNIFICANT MEMBER HONOURS

A number of ESA members have been recognized for distinguished service both nationally and internationally, with Cathie Coulter, John Funder, Evan Simpson, Peter Fuller and Rick Nicholson being appointed to specialist committees of The Endocrine Society. Peter Leedman was awarded the Asia-Oceania Medal from the Society of Endocrinology and Rob Baxter was elected a Fellow of the Australian Academy of Sciences. David de Kretser gave the H.S. Jacobs President's Lecture to the British Fertility Society and received the 2004 Robert H. Williams Distinguished Leadership Award of the US Endocrine Society. Evan Simpson and Jack Martin have been identified as two of only three Australians in ISI "Most Highly Cited Scientists" list for the disciplines of Biochemistry and Biology. Finally, at this year's Annual General Meeting of the ESA, Rob Baxter, David de Kretser, Stephen Judd and Marilyn Renfree were voted in as Life Members of the Society. Congratulations to all of the above, who continue to place the ESA at the forefront of Endocrinology.

ESA INTERNATIONAL TRAVEL GRANTS

Purpose: To support younger members of the Society to travel to international meetings, laboratories and/or clinics to further their training and knowledge in Endocrinology.

Eligibility: Applicants must have been financial members of ESA for at least 12 months prior to the closing date for applications. Applicants must possess a higher degree (MD, PhD or equivalent) and be within 5 years of the award of that degree. Compensation will be factored in for those applicants who have spent periods outside the workforce (due to illness, family leave, etc.). In these cases, the criterion of 5 years fulltime equivalence will be applied and the applicant must verify their absence from the workforce in the application. Applicants must be attending a recognized meeting of a learned society or organization within the general field of Endocrinology.

Award: \$AUD2500

Deadline: 1st February, 2005

For further information: See the ESA homepage, <http://www.racp.edu.au/esa/awards.htm#policy>

FROM THE Outgoing ESA President

I would like to take this opportunity to thank the membership of the ESA for giving me the opportunity to serve as President of the Society over the last two years. Most especially, I would like to thank the efforts of the Council who have ably supported me in a series of tasks that are becoming increasingly complex in a changing world of medical, research and educational governance.

I would particularly like to thank and acknowledge the hard work and efforts of the outgoing members of council. In particular, the society should feel grateful for efforts of Cathie Coulter, who served as Treasurer for her 4 years on council, overseeing critical changes in our financial management and structure) and Ross Cuneo, who oversaw medical affairs, then the role of honorary secretary, during his six years on council. John Burgess and Bruce Robinson also served council with distinction for various terms.

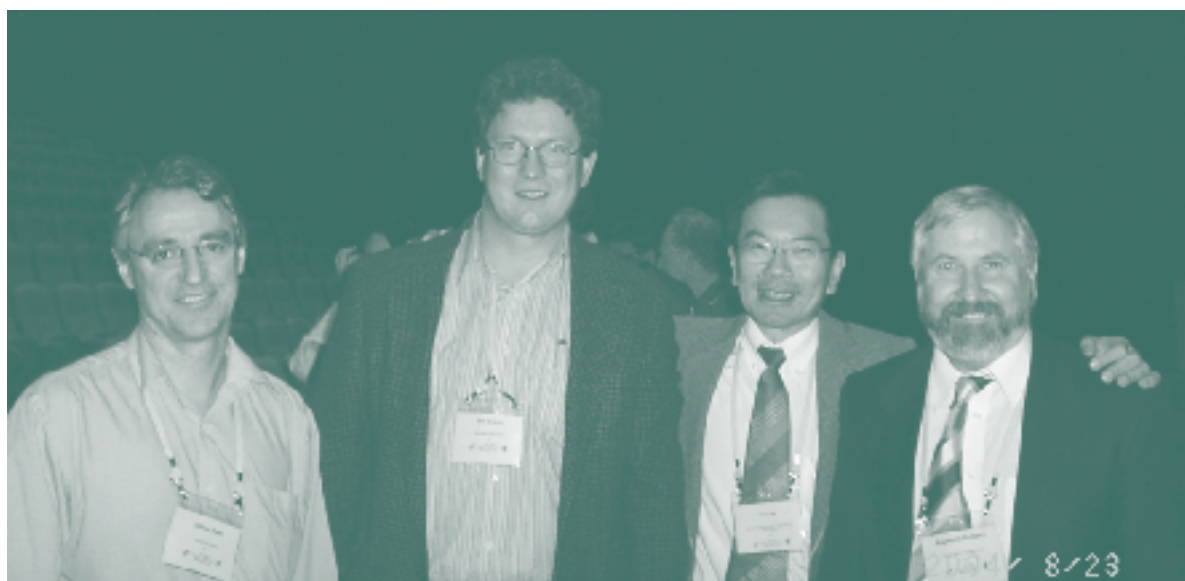
I trust I vacate the position of stewardship of the society with it in good stead. I feel there has been steady progress in the pursuit

of the main aims of the society, being the promotion of the science and practice of endocrinology. As I have previously commented in this column, I believe we face a number of challenges, but have every confidence that they are readily achievable. Our role with the advanced training of Endocrinologists, and interactions with our sister societies, both nationally and internationally, are issues that will require continued attention to ensure we take advantage of the opportunities they present. The relationships with all these groups are healthy and flourishing, and I am sure that Jeff Zajac and his council will continue to make significant progress in these areas.

It would be remiss of me to not thank Ivone Johnson for her tireless work in assistance to the society. Ivone was always able to keep me on track, did things with an indomitable sense of humour, while at the same time managing an increasingly complex workload. We are very lucky to have her services.

I hope to continue to see my friends and fellow members at forthcoming activities of the society as we continue to pursue our love of our great science and discipline.

Ben Canny



Although not widely publicised, the idea for the 3 (or 4) Tenors actually came from the ESA! The four Presidents(L to R): Jeffrey Zajac (Incoming), Ben Canny (Immediate Past), Ken Ho (Past) and Ray Rodgers (Past).

REPORT ON THE ESA ANNUAL SCIENTIFIC MEETING (ASM), SYDNEY 2004

The 47th ESA ASM was held conjointly with the Society for Reproductive Biology (SRB), from August 23rd to 25th, 2004, at the Sydney Darling Harbour Convention Centre. It was attended by over 500 registrants. The four plenary speakers delivered state of the art lectures in topics of broad endocrine interest, with Hironobu Sasano in the third Japan-Australia Lecture, discussing 'Intracrinology of human breast cancer – intratumoral estrogen production', The Harrison Lecture by Bruce McEwen, entitled 'From molecule to mind: stress, allostasis, and integration of mind and body', the Taft Lecture by Peter Clayton on 'Translating growth hormone secretion into growth' and our other international plenary speaker, Aaron Hsueh on 'Hormone research based on evolutionary analysis of genomic data'. Five high quality symposia throughout the Meeting covered both clinical and basic topic areas, some in conjunction with the Neuroendocrine Society, ADS, APEG and SRB. There was a strong field of 12 free-oral communication sessions, and a more modest number of posters.



Sonia Davison, the winner of the inaugural Mayne Pharma Bryan Hudson Clinical Endocrinology Award at the presentation with Anita Thommesen, representing Mayne Pharma.

Congratulations go to the winner of the ESA Novartis Junior Investigator Award Winner for 2004, Esme Hatchell from the Laboratory for Cancer Medicine, Centre for Medical Research, Western Australian Institute for Medical Research, and School of Medicine and Pharmacology, the University of Western Australia, for her presentation entitled 'Cloning of a novel SRA-binding protein, SLIRP, that regulates estrogen action in cancer cells'. Congratulations to the other Novartis Award Finalists who presented on the day, Morton Burt, Andrew Redfern, Rachel Hill, Daniel Scott and Katie

Dixon. To reach the final in this hotly contested Award is a significant achievement in itself. Congratulations also to Peter Liu for winning the 2004 Servier Award for his published paper entitled, 'The short-term effect of high dose testosterone on sleep, breathing and function in older men', derived from clinical studies undertaken at the Anzac Institute in Sydney.

For the first time this year, ESA held the ESA Mayne Pharma Bryan Hudson Clinical Endocrinology Award. Congratulations to Sonia Davison from The Jean Hailes Foundation Research Unit, Victoria, winner of this inaugural clinical award. Sonia presented her work on 'Changes in androgen levels across the adult female life span and relationships to sexual function'. The Endocrine Society plans through this annual Award to attract an increasingly competitive field in presentations involving clinical endocrinology. Also stay tuned in subsequent reports outlining plans for Perth in 2005 where we aim to provide further options in the clinical endocrinology stream at the Annual Scientific Meeting, whilst in parallel maintaining quality scientific content at the Meeting.

Thanks to all the other members of the ESA ASM Program Organising Committee, Rory Clifton-Bligh, Charles Allan, Shaun McGrath, Paul Williams and associate editor, Anne Nelson, who each made major contributions towards the success of the Meeting scientific program.

Stephen Twigg

**Chair of ESA ASM Program
Organising Committee**

Announcing...Endocrinology – Version 3

Available October 2004

Extensively revised

A helpful first line resource for endocrine-related illness. Not only a challenging clinical area, but also one where there have been many changes in treatments in recent years.

As always, the writing group has produced useful, balanced and practical recommendations that represent an expert interpretation of the latest body of literature. Additionally, input was sought from numerous individuals and specialist societies to endorse and confirm that the guidelines do indeed represent contemporary mainstream clinical advice.

All chapters have been revised and updated by Australia's leading experts to reflect recent developments.

Major rewriting and additions include

- much new material on diabetes, its management and complications, including the metabolic syndrome and associated cardiovascular risk, diabetes in the elderly, management of impaired glucose tolerance, interpretation of screening tests, diet and exercise for type 2 diabetes, newer insulin analogues, and advice on the appropriate use of the Glycemic Index
- the chapter on osteoporosis has been rewritten and revised at length including upgraded discussion of the role of bisphosphonates in decreasing bone loss and increasing bone mineral density, the use of T-scores and Z-scores as part of the management plan, an expanded section on glucocorticoid-induced osteoporosis and a fuller discussion of the management of high risk groups
- an entire rewriting of the material on ovarian hormone replacement therapy in the light of the results from the recent Women's Health Initiative study, with new tables explaining the differences between available treatment options plus helpful aids to the selection of appropriate regimens for different clinical situations
- an expanded discussion of the lifestyle aspects of the management of overweight and obesity problems, the role of exercise and diet as well as behaviour modification strategies, plus a discussion of the new medications now available for the treatment of obesity
- an entirely new chapter on fluid and electrolyte abnormalities, including discussion of the common causes of high and low blood levels of magnesium, sodium and potassium
- considerable discussion of the newer medications available for the range of endocrine-related illness

Comprehensive revisions include:

- androgen deficiency, including transdermal testosterone as an alternative first therapy
- disorders of bone and calcium homeostasis, including discussion of calcium and phosphorus blood levels
- androgenisation in women, with revision of the polycystic ovarian syndrome
- getting to know your drugs, including new material on thyrotropin alba and tibolone
- contraception issues, with significant revision to the section on postcoital contraception
- infertility, with an expanded table of the causes of anovulation, plus discussion about the induction of ovulation, using both lifestyle factors and pharmacotherapy
- male sexual dysfunction, including two new PDE5 inhibitors and a management algorithm
- menstrual disorders, including discussion of the treatment for dysmenorrhoea
- Paget's disease of bone, including monitoring and treatment options
- thyroid disorders, including a more interventional approach to mild thyroid deficiency states and subclinical thyrotoxicosis
- adrenal and pituitary disorders

As well as general endorsements applicable to all *Therapeutic Guideline* series, **Endocrinology 3** is endorsed by the Australian and New Zealand Bone and Mineral Society, the Australian College of Rural and Remote Medicine, the Australian Diabetes Society, The Endocrine Society of Australia, and the Royal Australasian College of Physicians.

Therapeutic Guidelines Limited,
Ground Floor 23-47 Villiers Street, North Melbourne,
Victoria 3051
Freecall 1800 061 260
www.tg.com.au sales@tg.com.au

NEW MEMBERS

The Society welcomes the following new members, who were formally acknowledged at this year's Annual General Meeting:

Kelly Avery, Scott Baker, Briganti Esther, Malgorzata Brzozowska, Chen Yue, Sophie Clarke, Matthew Dalrymple, Katie Dixon, Christin Down, Jasmin Dromey, Ruth Escalona, Karla Estrada, Denise Goldman, Esme Hatchell, Maria Hernandez, Damian Hewitt, Rachel Hill, Samantha Hutchison, Ildiko Koves, Francesca Leone, Natasha Lloyd, Frances Mouat, Sally Newsome, Niroshani Pathirage, Niranjala Peris, Kevin Pflieger, Bree Pierce, Elaine Pretorius, Kerry Richard, Elizabeth Rivalland, Deepali Shikhedkar, Jayne Sierens, Lisa Simmons, Casey Smith, Saad Taha, Kamilia Tai, Meinhardt Udo, Lisa Walter, Sandi Warr and Sean Yang.

AUSTRALASIAN WOMEN IN ENDOCRINOLOGY

The 5th meeting of the "Australasian Branch of Women in Endocrinology" (AWE) was held on Sunday August 22nd at The Sydney Convention Centre at Darling Harbour. The reception again was well attended with over 50 registered for the event and was generously sponsored by DSL-Australia with the continued support of their Managing Director, Dr Sylvia Johnson.

The 2004 AWE-DSL Travel Award was awarded to Dr Renea Jarred of the Institute of Reproduction and Development, Monash University. Michael Goetzsche, the Asia/Pacific Managing Director of Novo Nordisk, attended the evening and presented the 2004 AWE-Novo Nordisk Travel Award to Ms Rachel Hill of Prince Henry's Institute for Medical Research, Monash University. Louise McLaren from Abbott-Medisense, attended the evening and presented the inaugural

AWE-Abbott Medisense Travel Award to Ms Natasha Lloyd of the Centre for the Early Origins of Adult Health at the University of Adelaide.

Annual AWE-DSL, AWE-Novo Nordisk and AWE-Abbott Medisense Travel grants of at least \$1000 each, will be available again to attend ENDO 2005 in San Diego. These awards are to assist senior PhD students and post-doctoral fellows who are AWE members, application forms will be available from the ESA website in January 2005, and the deadline for receipt of applications is April 15th 2005. The 6th meeting of AWE will again be supported by DSL-Australia and will be held on Sunday September 4th 2005, in conjunction with the commencement of the ESA-SRB conference in Perth.

Cathie Coulter
Founder and Director, AWE

MEDICAL AFFAIRS REPORT

Recently, Australian endocrinologists were sent a communication from Sigma Pharmaceuticals, makers of thyroxine, reporting that storage of thyroxine tablets in a non-refrigerated environment would result in a loss of efficacy. ESA Council wrote to Sigma requesting further details and the source of such recommendations. The company's representative is in the process of forwarding such information, which will be passed on to the membership as it becomes available.

In the meantime, the following article by Gregory Roberts in the Australian Prescriber (2004; 27:75-76) provides a wealth of pertinent information for the prescriber. This information is also available at the following web address:

http://www.australianprescriber.com/index.php?content=/magazines/vol27no3/75_76_thyroxine.htm

Ross Cuneo

**Minutes of the Annual General Meeting
Of the Endocrine Society of Australia
Held at Sydney Convention Centre
Sydney, NSW
Monday 23rd August, 2004**

Attendance: Moira O’Bryan, John Delahunt, Peter Fuller, Christine Clark, David Torpy, Bu Yeap, David Healy, David Handlesman, Sinan Ali, Ross Cuneo, Vicki Clifton, Ken Ho, Ray Rodgers, Arun Dharmajan, Cathie Coulter, Jane Girling, Dave Grattan, Ben Canny, David Phillips, Timothy Cole, Brian Luttrell, Rory Clifton-Bligh, Paul Williams, Stephen Twigg, Brian Hirschfeld, Jeffrey Zajac, Roger Smith, Shaun McGrath

1. Apologies: David de Kretser, Marylyn Renfree, Brendan Waddell, Alan Tilbrook, Richard Larkins, John Burgess, Leon Bach, Evan Simpson, John Funder, John Turtle, Julie Owens, Mark McLean, Tony Russell, Michael Hooper, Chris O’Neil.

2. Confirmation of minutes: Minutes of the Annual General Meeting that was held on 15th September, 2003 were accepted as a true and accurate record. Proposed by Duncan Topliss and seconded by Paul Williams.

3. Business Arising: Nil

4. President’s Report

Ben Canny stated that he would like to take this opportunity to thank the Society for giving him the chance to serve in this role. 2003-2004 has represented a year of steady growth for the society and a number of new initiatives. The Society’s membership has become

stable at about 800 members; the slight decrease from this time last year reflects efforts to remove unfinancial members from our records.

A number of our members have been recognized for distinguished service both nationally and internationally as follows:

- Cathie Coulter, John Funder, Evan Simpson, Peter Fuller and Rick Nicholson have been appointed to specialist committees of The Endocrine Society
- Peter Leedman has been awarded the Asia-Oceania Medal from the Society of Endocrinology in the United Kingdom
- Rob Baxter has been elected a Fellow of the Australian Academy of Sciences
- Evan Simpson and Jack Martin have been identified as two of only three Australians in ISI “Most Highly Cited Scientists” list for the disciplines of Biochemistry and Biology.

Sponsorship

The Society continues to receive strong corporate support with Glaxo Smith Kline as Major Corporate Sponsors, with Ipsen as Corporate Sponsors. These and other companies have also generously supported the Seminar and Annual Scientific Meetings. The Society is developing appropriate relationships with our Industry Partners in the face of changing regulations in the Pharmaceutical Industry.

This Annual Scientific Meeting sees the inauguration of the ESA/Mayne-Pharma Bryan Hudson Clinical Endocrinology. This award is for the best presentation

in Clinical Endocrinology by a “early career” researchers. This year’s presentations will be a session held tomorrow morning.

RACP

Over the past year, the RACP has held a number of meetings with the Specialty Societies with a view to strengthening the relationships that the societies have with the College. The College is well aware that many Fellows see their Specialty Societies as their intellectual, scientific and clinical home (rather than the College itself), and wishes to ensure that Fellows are appropriately supported. Accordingly, the College is looking to work with special societies to provide educational support for both Fellows and Advanced Trainees.

Other Societies

The ESA continues to enjoy strong relationships with a number of sister societies, both nationally and internationally. Significant developments include:

1. Working with ANZBMS and ADS on the development of SAC and other RACP education matters (referred to above).
2. Working with ANZBMS on establishing a position statement on Vitamin D deficiency in Australia.
3. Working with the RANZCOG and Australasian Menopause Society on a “consensus statement” for advice for medical practitioners on the appropriate use of Hormone Therapy in women around the time of Menopause.
4. Continued collaboration with the Japan Endocrine Society.

Our relationships with ADS, SRB, ANZBMS and APEG continue to be strong and cordial, with significant collaboration with respect to Annual Scientific Meetings being developed.

Committees

Sincere thanks to the following for significant contribution to the activities of the Society:

Tony Russell, Adam Morton, Chris Rowland and Michelle Leong for stepping into the breach at late notice and agreeing to organize a very successful Seminar Meeting on the Gold Coast

Michael Hooper and his team for organising the Clinical Weekend;

Chris O’Neill, Gareth Evans, Kin Leung, Tony O’Sullivan and Lindsay Gillan for this year’s Scientific Meeting;

Steve Twigg and the POC (Charles Allan, Rory Clifton-Bligh, Shaun McGrath and Anne Nelson

and Paul Williams) for putting together a superb scientific program;

Anne Nelson also edited the proceedings;

David Phillips for editing the newsletter;

David Handelsman and Evan Simpson for agreeing to be our representative on the ISE Central Committee

Mike Pickford and his team at ASN.

Challenges Ahead

It will be obvious from Cathie Coulter’s Treasurer’s report that the society is in sound financial position. This financial position presents us with challenges. Are we making the best use of our finances for you, our members, who “own” that money? Is it time for the society to seek additional advice about how to use this money? What are our collective goals for the society?

It will also be apparent to many of you that, as the society grows, and the regulatory and other environments in which we act become more pressing and complex, that the demands on members of council are becoming significantly greater than they may have been in the past. You will note that in this year’s election 5 members of council stood down, a situation that reflects in part the competing demands that we all face. This presents some risk to the “corporate memory” of the council, with only 3 members having experience. Accordingly, it is probably an opportune time to ask what is appropriate structure for council, do we need to consider the positions of “President-Elect” and “Past-President”, in other words “is our constitution continuing to serve us?”

These issues will be canvassed in a discussion document that the outgoing council is preparing for the new council.

Ben Canny thanked the present Council members for the tremendous support they have given, and their work for the Society. I acknowledge and thank:

Jeffrey Zajac for his support and advice with intricate matters involving medical affairs and the College;

Ross Cuneo for Secretarial assistance;

Cathie Coulter for her exceptionally thorough work as Treasurer;

Catherine Choong with advice regarding awards and training matters

Bruce Robinson for overseeing College related matters;

Evan Simpson for advice regarding relationships with international societies;

John Burgess for assistance with dealing with Medical Affairs

Finally I express my sincere thanks to Ivone Johnson whose keeps us all on the ball and aware of timelines and deadlines.

5. Council Appointments

Congratulations to Jeffrey Zajac-President, Leon Bach-Vice President, Mark McLean-Honorary Secretary, Vicki Clifton-Honorary Treasurer, David Torpy, Catherine Choong, Evan Simpson, and David Healy.

6. Election of Life members

Robert Baxter, David de Kretser, Stephen Judd and Marilyn Renfree have been awarded life members of ESA.

7. Treasurer’s Report

The ESA Accounts have been Audited by P Gruchy & Associates. And will be signed off by the President and Treasurer. The Treasurer reports an overall annual profit of \$70, 619.

Major items of income: There are a few of items noted by our auditor which have contributed to a higher profit, as to compared with the previous financial year (\$46, 335). Primarily, due to the growth of the Asgard Fund – Managed Fund Investment. The incoming President will continue to develop strategies to overcome the decline in Corporate sponsorship

Major items of expenditure were: ASM – These costs are the travel expenses which are for the Plenary Speakers, and vary according to where they have to travel from. Investment Portfolio – grew, therefore no devaluation, which makes a significant contribution to the bottom line. The increase in the expenditure towards Travel grants is due to the co-sponsorship of the Transpacific Symposium and the introduction of International Travel Grants (a total of \$7,500), and ICE travel grants (10 @\$2500).

Approval for the Treasurers Report was moved by Evan Simpson and seconded by Ray Rodgers.

8. Medical Affairs Report

The Society has provided representation, assistance and advice to various government agencies concerning a range of health-related matters. These include:

1. Indication guidelines for lanreotide.
2. information for patient regarding the stability and storage of thyroxine.
3. endorsing a new edition of the “Therapeutic

Guidelines” for Endocrinology.

9. Report on 2004 ESA Meeting Seminars, Clinical Weekend,

2004 ASM, Sydney Convention Centre, NSW

Steven Twigg, POC Chairman, stated that the programme was good and excellent speakers attended. He thanked all the members of the POC.

Clinical Weekend, Cypress Lakes Resort, Hunter Valley

Michael Hooper was the convenor for this meeting. 149 attended this meeting. The organising committee would like to thank the professional conference organiser, Australian Science Network, in particular Mike Pickford and Sheridan Wright, for their friendly and expert management.

Seminar Meeting – 2004

The convenor was Anthony Russell. Organising Committee: Dr Adam Morton, Dr Chris Rowland, Dr Michelle Leong. This successful meeting was held on 30th April 2004 at the Marriott Surfers Paradise Resort.

10. Future Meetings

ASM 2005, 4-7th September

This meeting will be held at the Perth Convention Centre.

Clinical Weekend 2005, 2-4th September

The Clinical Weekend will be held at the Novotel Vines Resort, Swan Valley, WA

ESA Seminar meeting 2005, 15-17th April

The Seminar meeting will be held at The Sebel Lodge, Yarra Valley, VIC.

11. Other business

Ken Ho raised the issue of potential changes in the way in which the Royal Australian College of Physicians (RACP) were handling specific Fellowships and Scholarships. He stressed the need for ESA to maintain an active relationship with the RACP, specifically in terms of those aspects pertinent to endocrinology and training of clinical fellows.

12. Date of next meeting

5th September 2005 at the Perth Convention Centre

FUTURE MEETINGS

Endocrine Society of Australia Annual Seminar

The Sebel Lodge Yarra
Valley,

15th - 17th April 2005

On behalf of the Organising Committee, I would like to invite you to attend the ESA Seminar Weekend, 15 – 17 April 2005, at the Sebel Lodge in the Yarra Valley. The Seminar Weekend has proved to be an enormously popular activity for trainees and clinical endocrinologists and we hope that the 2005 program will continue this tradition.

*Jennifer Conn, Local
Organising Committee Chair*

Seminar Convenor: Dr
Jennifer Conn, University of
Melbourne
Local Organising
Committee: Duncan
Topliss (The Alfred
Hospital), Leon Bach
(University of Melbourne),
Helen MacLean (University
of Melbourne) & Leo Rando
(Royal Melbourne Hospital)

Conference Secretariat
ASN Events Pty Ltd
PO Box 200 (3056
Frankston Flinders Rd)
Balnarring VIC 3926
Ph 03 5983 2400
Fax 03 5983 2223
E: mp@asevents.net.au

Australia & NZ: 2004

**Inflammation: from
cellular immunity to
human disease - A**
symposium of the Monash
Institute of Reproduction
and Development and
Southern Clinical School,
Monash University
28-30 November 2004

Monash Medical Centre,
Melbourne
E: mark.hedger@med.mona
sh.edu.au
W: www.monashinstitute.org/
seminars

APEG Annual Scientific Meeting

1-3 December 2004

Auckland,
New Zealand.
W: www.willorganise.com.au/
apegconference

2005

ESA Seminar Meeting
15-17 April 2005

The Sebel Yarra Valley,
Victoria
Contact: ASN Events
W: www.esaseminar.org.au

ESA Clinical Weekend
2-4 September 2005

The Novotel Vines Resort,
Swan Valley, WA
Contact: ASN Events
W: www.esaclinicalweekend
.org.au

**ESA Annual Scientific
Meeting**

2-4 September 2005

Perth Convention Centre,
Perth, WA
Contact: ASN Events
W: www.esa-srb.org.au

**ADS/ADEA Annual
Scientific Meeting**

7-9 September 2005

Perth Convention Centre,
Perth, WA
Contact: ASN Events
W: www.ads-adea.org.au

ANZBMS ASM

7-9 September 2005

InterContinental Burswood
Resort, Perth, WA
Contact: Conference Action
E: emma@conferenceaction
.com.au
W: www.anzbms.org.au

2006

**Combined Third IOF
Asia-Pacific Regional
Conference on
Osteoporosis and 16th
Annual Scientific Meeting
of the Australian and New
Zealand Bone and Mineral
Society**

23-26 October 2006

Sheraton Mirage,
Port Douglas,
Queensland
Contact: Ms Ivone Johnson
E: anzbms@racp.edu.au
W: www.anzbms.org.au

**International:
2005**

CSSAM/ISSAM North American Congress on The Aging Male
2-5 February 2005
 Vancouver, B.C.,
 Quebec, Canada
 Contact: Kenes International
 Tel: +41 22 908 0488 ;
 Fax: +41 22 732 2850
 E: aging@kenes.com
 W: www.kenes.com/aging/

Eighth Mayo Clinic Endocrine Course
27 February- 4 March 2005
 The Hapuna Beach Prince Hotel,
 Mauna Kea Resort
 Kohala Coast,
 Big Island of Hawaii
 Contact: Mayo School of Continuing Medical Education
 Tel: +800 323 2688/ 507 284 2509
 Fax: +507 284 0532
 E: cme@mayo.edu
 W: www.mayo.edu/cme

5th International Conference on Cancer-Induced Bone Disease
20-24 March 2005
 Davos,
 Switzerland
 Ph: +41 31 389 9276
 Fax: + 41 31 389 9284
 E: secretariat@hfleisch.ch
 W: www.ibmsonline.org/cancerbone.htm

BES 2005: 24th Joint Meeting of the British Endocrine Societies
4-7 April 2005
 Harrowgate, UK.
 Contact: British Endocrine Societies
 Tel: +44 1454 642 200 ;
 Fax: +44 1454 642 222;
 E: info@endocrinology.org
 W: www.endocrinology.org/sfe/conf.htm

ENDO 2004: 86th Annual Meeting
4-7 June 2005
 San Diego Convention Center,
 San Diego, USA
 W: www.endo-society.org/scimeetings/futuremeetings.cfm

SSR 2005: 38th Annual Meeting of Society for the Study of Reproduction
24-27 July 2005
 Quebec City,
 Quebec, Canada
 W: www.ssr.org/meetings.html

7th European Congress of Endocrinology
3-7 September 2005
 Göteborg,
 Sweden.
 Contact: Congrex Göteborg
 Tel: +46 31 708 6000
 Fax: +46 31 708 6025
 E: ece2005@gbg.congrex.se

Annual Meeting, American Society for Bone and Mineral Research
23-27 September 2005
 Gaylord Opryland Hotel,
 Nashville,
 Tennessee, USA
 Phone: (202) 367-1161
 Fax: (202) 367-2161
 E: asbmr@smithbucklin.com

2006
Annual Meeting, American Society for Bone and Mineral Research
15-19 September 2006
 Philadelphia Convention Center,
 Philadelphia,
 Pennsylvania, USA
 Phone: (202) 367-1161
 Fax: (202) 367-2161
 E: asbmr@smithbucklin.com

November 2004